

ACSS WEEKLY UPDATE

VOLUME: 4

APRIL 28, 2021

ACHIEVING

UPCOMING EVENTS

May 3rd – 7th
Catholic Education
Week

May 5th
School Council
Meeting. Click [here](#)
to join @ 7:00 p.m.

May 24th
Victoria Day

June 2nd
School Council
Meeting

June 28th
Last Day of School

Virtual Graduation



www.gobluego.ca

BELIEVING

DEPARTMENT SPOTLIGHT CANDIAN WORLD STUDIES

Congratulations to members of our Model United Nations Team who participated in the virtual **Southern Ontario Model United Nations Assembly** recently. Assumption has a long tradition of attending SOMA. Our honourable-delegates represented Canada and Chile at the conference and collaborated with students from across the country on important global issues. Well done Assumption! This past weekend members of our school's Model United Nations team participated virtually in the **Southern Ontario Model United Nations Assembly**. Our grade 11 student, Annika Fotr, received an Honourable Mention award in recognition for her work as the delegate of Canada in the ECOSOC committee. Congratulations to our entire team and their amazing effort!



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BELONGING

STUDENT SPOTLIGHT KATELYN WEINSTEIN

Congratulations to Katelyn Weinstein on receiving the University of Guelph's President's Scholarship. The President's Scholarship is considered one of the most prestigious entrance awards at the University of Guelph. Selection is made on superior leadership ability and potential as demonstrated through positions held, extra-curricular activities, involvement in high school and communities and reference support. Each year, the President's Scholarship recognizes 12 students entering with a minimum of 90% admission average who have made significant contributions to their schools and communities and demonstrate the potential to become leaders in society. At the University of Guelph, Katelyn will be working towards earning a BA in Honours Psychology. In addition to the Scholarship funding, she will be paired with an upper year student and a professor who will act as Katelyn's mentors. She has also been awarded a summer Research Assistant position after her first year of studies. Throughout her time at Assumption, Katelyn has shown that she is a dedicated student-leader. She amassed over 250 community service hours, was a key performer in our school's dramatic performances, and achieved high academic standing. We wish Katelyn continued success throughout her future endeavours.



EDUCATION WEEK SPEAKER

KWESI MILLINGTON

BECOMING UNBREAKABLE

Coming up in Education Week, Assumption C.S.S. presents Kwesi Millington and his presentation on:

The Keys to Mastering Confidence & Building Resilience

Uncertainty is unavoidable for most high school students. Many are unsure about where they stand academically, socially and personally. They are often simultaneously apprehensive of both their present and their future. As a result, anxiety and depression are two of the most common issues that arise among today's teens.

Studies show that the ability to manage stress and deal positively with adversity is key to building resilience and confidence. Students don't know that there are opportunities in daily life to prove that they have the resilience and confidence they need to

overcome and rise above anything. Kwesi inspires them to realize that there are tools they can use today to create confidence, build resilience and become unbreakable.

Kwesi uses storytelling and experiences from his nationally known policing background to inspire students to believe that they can wake up everyday with high self-esteem, develop the ability to bounce back from disappointment and failure, and gain an understanding of how to find their personal purpose, aka their "why".

Our students will leave with an undeniable ability to create confidence and resilience in their lives that will leave them empowered.

ASSUMPTION STUDENTS WILL LEARN:

- * *Keys to building greater confidence & self-esteem*
- * *Four steps to building unstoppable resilience*
- * *How to make meaningful connections and develop positive relationships*
- * *What stops most teens from believing in themselves and how to overcome the self-limiting beliefs*
- * *How to find and live in your life purpose*



Fig.1: Kwesi Millington

STUDENT SPOTLIGHT

JENNA LEHOCKI

HCDSB STUDENT AWARD OF EXCELLENCE

Each year, the Halton Catholic District School Board (HCDSB) celebrates exceptional students across our school district at the Annual Student Awards of Excellence Ceremony. This year, due to COVID-19 precautions in place, we are recognizing and congratulating our student recipients virtually.

**Congratulations to Jenna Lehocki who won
the *Student Award of
Excellence* for Assumption C.S.S.!**

About Jenna –

Jenna exemplifies the meaning of Catholic Student Leadership. She has repeatedly led her community academically, socially, athletically and spiritually.

The *Spirit of Inclusion Award* was created by the Special Education Advisory Committee (SEAC), and is presented each year to elementary and secondary students who demonstrate a commitment to school activities and to their community, making their peers feel valued and respected.

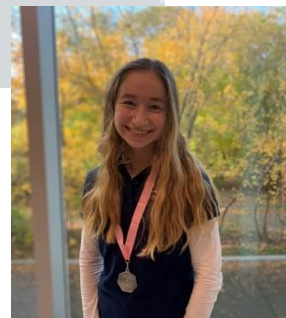


Fig. 2: Jenna Lehocki

To see a full list of award recipients, please visit our [Board website](#)