

CRUSADER CHAPLAIN CHATTER

ANNOUNCEMENTS: WEEK OF JANUARY 30 - FEB. 3, 2023

MONDAY

PERIOD 2
EXAM



TUESDAY

PERIOD
3/4 EXAM



Wednesday

PERIOD 5
EXAM

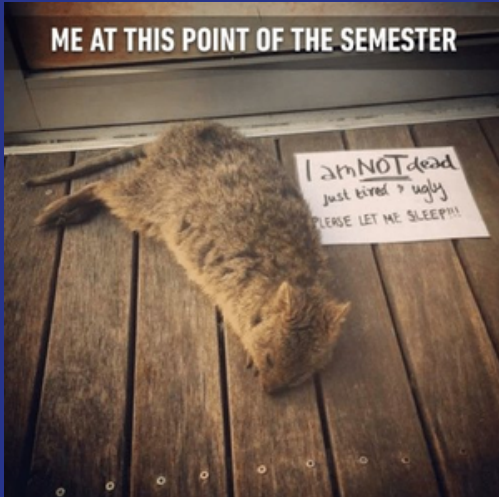


THURSDAY

EXAM
REVIEW
DAY



ME AT THIS POINT OF THE SEMESTER



It always seems
impossible until it's done.

Nelson Mandela



FRIDAY

PD DAY

TRUST
YOURSELF
you can
do THIS

WHEN YOU'RE AT WORK



TRYING TO STAY POSITIVE

You: *text me you are sad*

Me:



I'M COMING OVER TO CHEER YOU UP
AND NOTHING CAN STOP ME

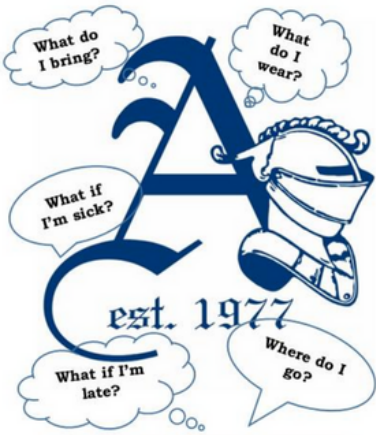
CHECK THE BULLETIN BOARD OUTSIDE OF PHYS. ED. FOR ALL
UPDATES REGARDING TEAM SPORTS, PRACTICES AND GAMES!

ANNOUNCEMENTS ARE ON GOBLUEGO, MYSCHOOOLDAY APP,
SOCIAL MEDIA AND THE TV OUTSIDE THE MAIN OFFICE.

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EXAM SURVIVAL GUIDE



BROUGHT TO YOU BY THE STUDENT SUCCESS TEAM

JANUARY 2023 EXAM SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			Jan. 26 Period 1 Exam	Jan. 27 Period 2 Exam
Jan. 30 Period 3/4 Exam	Jan. 31 Period 5 Exam	Feb. 1 Exam Make-Up Day	Feb. 2 Exam Review Day	Feb. 3 PD Day
Feb. 6 First Day of Second Semester!				

SPECIAL NOTES:

- ✓ Exams are written in full uniform.
- ✓ You do not need to attend school on days when you do not have an exam.
- ✓ Grade 9 and 10 exams are written from 8:15 - 9:45
Grade 11 and 12 exams are written from 8:15 - 10:15 (with the exception of pre-AP and AP course exams)
- ✓ Exams will be written in your regular classroom unless special arrangements have been made.
- ✓ Pencil cases, purses, bags, coats, notebooks are not permitted in the examination room.
- ✓ School buses will be running at regular times in the morning and afternoon, so you may want to arrange car-pooling with some friends to get home.



EXAM PROCEDURES

EMERGENCY SCHOOL CLOSURE OR BUS CANCELLATION

If the school is closed or the buses are cancelled, the remaining exam schedule will be shifted forward one day.

ABSENCE DUE TO ILLNESS:

Parents/Guardians must contact the school if a student is too ill to write an exam according to the schedule. Following a conversation with either Ms. Thomas or Mr. Laurin, the examination may be rescheduled to Wednesday February 1 in a room specified by the Vice-Principal. A doctor's note may be required.

RETURN OF COURSE MATERIALS:

Students are responsible for returning assigned course materials according to the classroom teacher's preference. This includes the return of any electronic devices that are the property of the school.

ACADEMIC DISHONESTY:

If a student is caught cheating during an exam, or if a student is in possession of any material that could be used for cheating during an exam, the incident will be reported to a Vice-Principal immediately and a mark of ZERO may be assigned.

NO ELECTRONIC DEVICES OF ANY KIND ARE ALLOWED INTO THE EXAM ROOM

(with the exception of non-programmable calculators).

This includes earbuds and smartwatches.

SPECIAL TIPS

Prepare an "Exam Kit" ahead of time:

- ✓ Grab a medium or large zip-loc bag and fill it with a couple of pens, pencils, ruler, eraser, calculator, Kleenex package. Since it is see-through, you will be allowed to bring it in to the exam room with you!

Know your stuff:

- ✓ Don't try to cram all your studying in on one night! Break the material into chunks, and take breaks. Check in with friends, but put the phone away.

Get plenty of sleep each night.

Eat breakfast.

PRAYER FOR SUCCESS IN EXAMS

Lord, you know the anxiety that I'm feeling right now -
Please calm my spirit.
Come and still my nerves.
For the questions I am about to be given -
Help me to read them slowly and correctly.
For the words I am about to write -
Help me to recall everything fully.
For the teachers who read my work -
Help them to mark with justice and fairness.
I give all these prayers to You,
And ask that this day you would give me the success that my heart desires.
For Your kingdom and glory
-Amen-



The Three Learning Styles

<https://www.youtube.com/watch?v=IopcOwfsoU>

(video note - reading and writing is grouped with VISUAL for us)

Auditory
(the listener)

Learning by hearing

Read your notes out loud

Study in a quiet space (no noise),

Visual
(the seer)

Learning by seeing and reading

Use visual cues like maps or charts

Make outlines, lists, and colour code your notes (highlight important parts)

Kinesthetic
(the doer)

Learning by doing

Benefit from tactile learning like labs, stations and role playing

Create flashcards and plan to take breaks

IMPORTANT NOTE: Learning Styles/ Preferences do not represent limitations on an individual's abilities or intelligence level. It is simply an understanding of how you make sense of information (how you learn best). This means you can work and study better NOT longer.

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Upcoming Events

JAN. 26 - FEB. 1: EXAMS

FEB. 2: EXAM REVIEW DAY

FEB. 3: PD DAY

FEB. 6: FIRST DAY OF 2ND SEMESTER

FEB. 6-24: GRAD PHOTOS

FEB. 17: PD DAY

FEB. 20: FAMILY DAY

FEB. 22: ASH WEDNESDAY

MAR. 12: DAYLIGHT SAVINGS TIME

MAR. 13-17: MARCH BREAK

save the date

• you are •
CAPABLE

STRONG YOU ARE

HANG IN THERE YOU MUST

DAD JOKE OF THE WEEK

My friend just got a Ph. D. on the history of palindromes.

Now we call him
Dr. Awkward.



Quote for the week

"Expectations are resentments waiting to be born."

(@preferfactsphd - Twitter)



For More Information

**@assumptioncrusader
gobluego.ca**



GOOD NEWS STORIES

TINY ALABAMA TOWN SHOCKED TO LEARN FARMER HAD SECRETLY PAID PEOPLE'S PHARMACY BILLS FOR A DECADE BY ANDY CORBLEY - JAN 23, 2023

Upon the occasion of the funeral for one Hody Childress from Geraldine, Alabama, it was revealed that for a decade this quiet and humble gentleman was a sort of guardian angel for the town's poor and sick.

A farmer and U.S. Air Force veteran, Childress began his covert charity campaign when he visited the local Geraldine drugstore and learned that all too many of the town's 900 residents couldn't afford to pay for their prescriptions.

Upon hearing of his neighbors' inability to always afford their medications, he handed Brooke Walker, owner of Geraldine Drugs, a \$100 bill.

"Here, this \$100 is for anyone who can't afford their prescription," Walker recalled in an interview with local news. "Do not tell a soul that the money came from me, tell them it's a blessing from God."

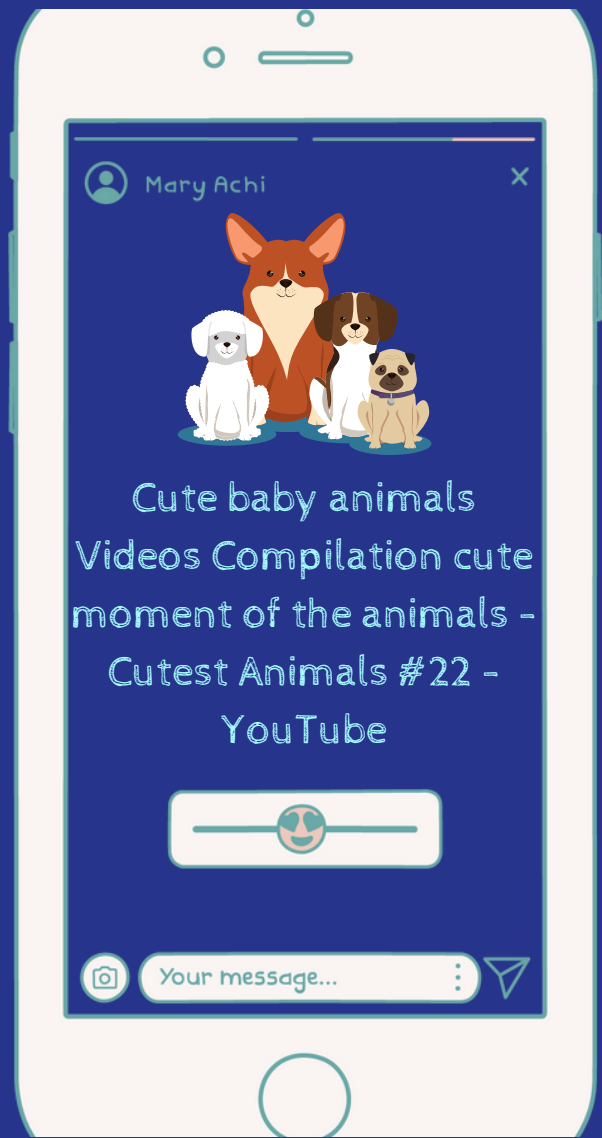
A month later, Walker saw Childress again walking into her store to hand over another \$100 bill, with the exact same instructions—'do not tell a soul that the money came from me, tell them it's a blessing from God.'

He would return on the 1st of every month for the same motivation for years, until in late 2022, because he wasn't able to walk due a pulmonary disease and other health conditions, he decided he needed to enlist someone for help. He entrusted the task to his daughter, Tania Nix.

"I was shocked – I had no idea that he was helping people at the drugstore," according to WVTM.

At his funeral on January 5th, 2023, Nix told the story of Childress' decade of giving, and how it was able to cover the cost of expensive medications for 2 Geraldine residents per month. The word got out that they had an angel in their midst, and WVTM reports that the townspeople have agreed to carry on his legacy.

"There are so many people in Geraldine who have lived longer because of Hody," pharmacist Heather Walker said. "Hody was a true humble servant who will always be loved."



Cute baby animals
Videos Compilation cute
moment of the animals -
Cutest Animals #22 -
YouTube

Prayer



Lord,
give us the ambition
to do as much as we can,
as well as we can,
as long as we can,
and the resolve not to despair
over the things we cannot do.
Our Lady of the Assumption,
pray for us.

If you need support there are many at Assumption who care:

- Mr. McDougall, Principal
- Mr. Laurin, Vice-Principal
- Ms. Thomas, Vice Principal
- Ms. Rerecich, Chaplain
- Ms. Misener, CYC
- Ms. Prodeus, Social Worker
- Your Guidance counselors
- Your teachers



@msrchaplain

