

CRUSADER CHAPLAIN CHATTER

ANNOUNCEMENTS: WEEK OF MAY 29-JUNE 2, 2023

MONDAY

SENIOR SCHOOL REACH MEETS IN ROOM 224.

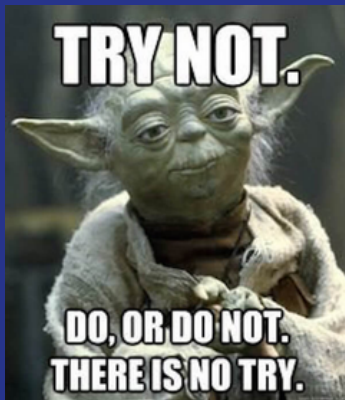
MODEL UN MEETS IN ROOM 306. SEE YOU THERE!

STUDENT COUNCIL = RM 204.

DECA IN RM 211

CHESS CLUB MEETS ON MONDAYS IN ROOM 212.

DUNGEONS & DRAGONS/GAMES CLUB IN RM 214.



TUESDAY

CONCERT BAND PRACTICES IN THE MUSIC ROOM.

CLUB FRANCAIS IN RM 205.

BEST BUDDIES IN THE CHAPEL.

WOODSHOP CLUB IS IN ROOM 106.



Wednesday

WELLNESS WEDNESDAYS DURING LUNCHES IN THE PIAZZA.

MATH MADNESS IN THE MORNING & AFTER SCHOOL IN ROOM 212.

ROBOTICS, RM 223.

CHAPLAINCY CLUB MEETS IN THE CHAPEL.

ENTREPRENEURSHIP CLUB MEETS IN RM 211.

INTERMEDIATE REACH IS OVER FOR THE YEAR. WELL DONE TEAM!



THURSDAY

SENIOR REACH IN ROOM 224 AFTER SCHOOL.

ART CLUB MEETS IN RM 108 AFTER SCHOOL

DEBATE CLUB MEETS IN RM 222 AFTER SCHOOL.

CRUSADER ARTS COUNCIL: LAST THURSDAY OF THE MONTH IN THE DRAMA ROOM!

Friday

ROCK BAND AFTER SCHOOL, BY THE MUSIC ROOM.

LUNCH TIME PEER TUTORING IS BACK!

TUESDAYS AND THURSDAYS ON BOTH LUNCHES IN ROOM 104B.

ATTENDANCE ON BOTH DAYS IS MANDATORY FOR PARTICIPATION IN THIS PROGRAM.

YOU MUST SIGN UP AND REGISTER BEFORE YOU CAN BEGIN. IF YOU WANT TO BE TUTOR, OR NEED A TUTOR, SEE THE APPROPRIATE QR CODES ON THE POSTERS AROUND THE SCHOOL. FOR MORE INFO, SEE MRS. TIMPERIO OR MRS. BEDFORD.

CHECK THE BULLETIN BOARD OUTSIDE OF PHYS. ED. FOR ALL UPDATES REGARDING TEAM SPORTS, PRACTICES AND GAMES!

ANNOUNCEMENTS ARE ON GOBLUEGO, MYSCHOOLDAY APP, SOCIAL MEDIA AND THE TV OUTSIDE THE MAIN OFFICE.

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~~~~~ Life @ Assumption this week! ~~~~~

CALLING ALL CRUSADERS: THIS WEDNESDAY IS OUR TALENT SHOW/COFFEE HOUSE IN OUR SMALL GYM AT 7 PM. COME SEE THE MANY TALENTS OF YOUR FELLOW STUDENTS AND FRIENDS!

THE ATHLETIC BANQUET IS NEXT THURSDAY JUN 8TH! COME AND CELEBRATE ALL OF THE ATHLETIC ACHIEVEMENTS FROM THROUGHOUT THE YEAR. TICKETS ARE ON SALE ON SCHOOL CASH ONLINE!

SOCGER INTRAMURALS ARE HAPPENING THIS THURSDAY, JUNE 1ST!  
SIGN UP IN THE CAFÉ ON BOTH LUNCHES.  
TEAMS OF 8 PEOPLE WITH AT LEAST 2 GIRLS ON A TEAM.  
CHOOSE YOUR TEAM CAPTAIN AND THE THEME IS WORLD CUP SOCCER.

THERE WILL BE A FINAL TENNIS PRACTICE FOR MEMBERS OF THE JR TENNIS TEAM TOMORROW, MAY 30 AT OPTIMIST PARK IN BURLINGTON. COULD ALL OF THE MEMBERS OF THE JR TENNIS TEAM PLEASE SEE MR. CONSOLI SOMETIME TODAY! THE FOLLOWING STUDENTS MUST SEE MR. CONSOLI BEFORE THE END OF THE DAY TODAY:

CHRISTIAN GOSSELIN  
BIANCA CERONI  
CHANTAL SAUMURE

RELAY FOR LIFE IS HAPPENING ON FRIDAY, JUNE 9TH. THANK YOU FOR THOSE WHO REGISTERED. WE ARE STILL HOPING TO MEET OUR FUNDRAISING GOALS. HELP US BE PART OF AN AMAZING EFFORT FOR A DISEASE THAT IMPACTS ALL OF US. FOLLOW THE INSTAGRAM ACCOUNT FOR ALL THE INFO: @ACSSRELAY4LIFE

ON WEDNESDAY MAY 31, 2023, AMBASSADORS FOR 2022 - 2023 - WE ARE HAVING AN END OF YEAR "THANK YOU" GATHERING...PLEASE MEET IN THE LIBRARY AFTER SCHOOL THIS WEDNESDAY.



# CRUSADER CHAPLAIN CHATTER

ANNOUNCEMENTS -- WEEK OF MAY 29-JUNE 2, 2023

## Upcoming Events

MAY 30: GSA RETREAT

MAY 31: GRADE 7S ARE HERE

MAY 31: LIFE SKILLS TRACK MEET

MAY 31: ARTS NIGHT

JUNE 1: CLOSING PRAYER SERVICE

JUNE 2: GRAD DINNER/DANCE

JUNE 8: ATHLETIC BANQUET

JUNE 9: RELAY FOR LIFE

JUNE 21: LAST DAY OF CLASSES

JUNE 19-22: GR. 12 EXAMS

JUNE 22-28: EXAMS

JUNE 27: GRADUATION

JUNE 29: EXAM REVIEW DAY

JUNE 30: PD DAY



## DAD JOKE OF THE WEEK

My GPS just told me to turn around.

Now I can't see where I'm driving.

## Quote for the week

*"You're never ready  
for what you have to do.  
You just do it.  
That makes you ready."*

— *Flora Rheta Schreiber*



For More  
Information

@assumptioncrusader  
gobluego.ca





## GOOD NEWS STORIES

### URBAN FARMING ON A GRAND SCALE

Canada | Imagine a city that grows most of its food on its very own rooftops, where tomatoes ripen on the vine year-round—even in the dead of winter. That's the idea behind Lufa Farms, which operates four rooftop greenhouses in and around Montreal and delivers more than 25,000 fresh-picked vegetable baskets to its customers every week.

Founded in 2009 by Mohamed Hage and Lauren Rathmell, Lufa sprouted from the idea that urban farming could grow crops where people live, without using any new land, and deliver food without the carbon footprint of long-distance transportation. (In Canada, 92 per cent of imported produce travels more than 1,500 kilometres.) "When you buy a tomato in the winter, you're probably getting one that's been trucked in from California or Mexico," says Rathmell. "We deliver ours right to you the day after they're picked."

Hydroponic technology helps Lufa's greenhouses operate sustainably, recycling about 90 per cent of the water used by the plants. In lieu of pesticides, ladybugs and parasitic wasps devour aphids and other pests. Using residual heat from the buildings below, each farm requires half the energy of greenhouses on the ground. Meanwhile, the company's programmers keep operations nimble with greenhouse automation. Software manages delivery logistics while allowing customers to tailor their own baskets, choosing from 50 varieties of fruits and vegetables, plus other items, like bread and cheese from local producers.

Lufa Farms is one of many similar urban-farming projects around the world, with commercial greenhouses and gardens springing up in places like London, Paris and New York. Analysts predict city-grown crops could eventually make up 10 per cent of the global food supply. —By Anna-Kaisa Walker (33/50)  
<https://www.readersdigest.ca/culture/good-news-stories-world/>



Prayer



Loving God,  
there is so much going on in the world that prevents us from dreaming our dreams. Fill us with courage and confidence like You did with the disciples on that Pentecost when the Holy Spirit filled them with agency and inspiration. Help us break free from our fear, insecurity, and learned helplessness. Guide us to work for justice and the common good of all people everywhere. Amen.

If you need support there are many at Assumption who care about you:

- Mr. McDougall, Principal
- Mr. Laurin, Vice-Principal
- Ms. Thomas, Vice Principal
- Ms. Rerecich, Chaplain
- Ms. Misener, CYC
- Ms. Prodeus, Social Worker
- Your Guidance counselors
- Your teachers



@msrchaplain

