

# CRUSADER CHAPLAIN CHATTER

WEEK OF SEPT. 11 - 15, 2023

**MONDAY**

Student Council meets after school

**TUESDAY**

Concert Band in the music room

Rosary Group in the Chapel per. 2

**Wednesday**

Wellness Wednesday in the Piazza over lunches

Auditions take place in the drama room

**THURSDAY**

Auditions take place in the drama room

**Friday**



Attention Existing Grade 11s and 12s:  
Enrollment for the Specialist High Skills Major (SHSM) programs are now OPEN! Deadline is Sept. 30th—reserve a spot! SHSM is available for students in all pathways and Assumption offers 5 majors including:

- o Construction Design
- o Fitness and Sports Leadership
- o First Responders
- o Information and Communication Technology
- o Non-Profit

If interested, see Mr. Costigan, Ms. Fernley, Mr. Capobianco, Mr. Galli, Mrs. Laferriere or your guidance counsellor about registering for the program!

Are you ...



- In grade 9
- Looking to take on more leadership opportunities
- Passionate about student voice

**Join Student Senate to make your voice heard!**

Apply through the QR Code below



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\*To all ambassadors. Reminder meeting after school today in room 110.

\*Listen up Assumption, the rumours are true, the hiatus is over. ROCK BAND is auditioning for new members. Songs and the sign up sheet are posted on the Music Room Door (room 105). Rock On Crusaders!

\*All grade 9 and 10 girls that wish to tryout for the Junior Girls Basketball team are to attend the tryouts after school. The tryouts continue today, Tuesday September 12th. You MUST have a signed permission form to participate. The forms can be found by using the QR code beside the sign up sheet outside of the big gym's door in the cafeteria.

\*Important announcement for any student interested in playing on the Assumption golf team this year. There will be a very brief but important meeting in room 118 TODAY right after school.

\*Cross country sign up is on the Phys-Ed bulletin board in the cafeteria. We will have our first practice this Wednesday, September 13 immediately after school at the path to the right of the school. Please bring your permission and concussion forms to Mr Inglis or Ms Risi in workroom 214A.

\*Girls Field Hockey tryouts continue this week at 6:30am on the back field. Seniors will continue on Wednesday, and Juniors today and Thursday. You must bring a signed permission form, which are outside of workroom 200.

\*Attention all Baseball players!

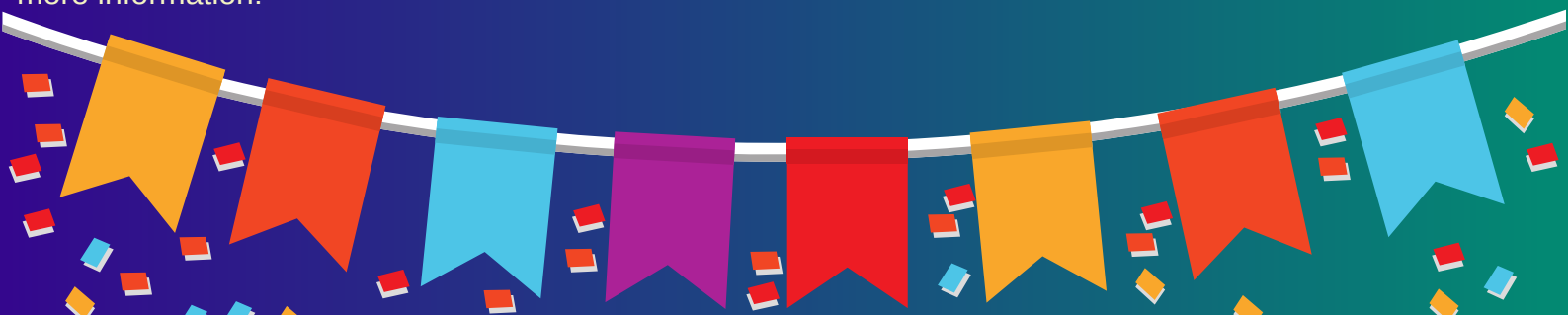
Please check your gobluego emails ASAP, vital and important information regarding this season has been sent to anyone who signed up last week. Any questions please see Coach Rousselle today!

\*Auditions for "A Christmas Carol-the musical" will be held this Wednesday and Thursday. Please sign up for a time slot on the call board located outside the drama room. For your audition, please prepare a 30-45 second monologue and a verse or chorus from your favourite Christmas carol. See the Instagram account: @assumptiondramadept for more details!

\*Concert Band first meeting/rehearsal will take place TODAY after school in the music room. If you are interested in joining the school band, please see Mr. Sawzdargo in room 105. New members are welcome.

\*Attention Grades 9 - 12! Sign Up for DECA – Business Case Competition!

DECA is a non-for-profit career and technical student organization with nearly 150,000 members worldwide. Assumption has a registered DECA chapter and we are planning to compete in multiple business competitions. If you are interested in leadership, management, entrepreneurship, finance, hospitality, or marketing, attend our meeting on Monday September 18th at 2:15pm in room 210. See Mrs. Laferriere for more information!



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## UPCOMING EVENTS

SEPT. 13: OPENING PRAYER SERVICES  
SEPT. 15: GR. 9 PRESENTATION PER. 2  
SEPT. 19: ST. JEROME'S UNI @ ASM  
SEPT. 27: PHOTO DAY  
SEPT. 27: LAURENTIAN UNI @ ASM  
OCT. 2: SHERIDAN COLLEGE @ ASM  
OCT. 4: THANKSGIVING SERVICES  
OCT. 6: PD DAY  
OCT. 9: THANKSGIVING HOLIDAY



**MAKE  
today  
GREAT**

## DAD JOKE OF THE WEEK



To the person who stole my place in the queue.

I'm after you now.

## Quote for the week

***"Do the difficult things while they are easy and do the great things while they are small. A journey of a thousand miles must begin with a single step."***

***Lao Tzu***



**For More  
Information**

**@assumptioncrusader  
gobluego.ca**

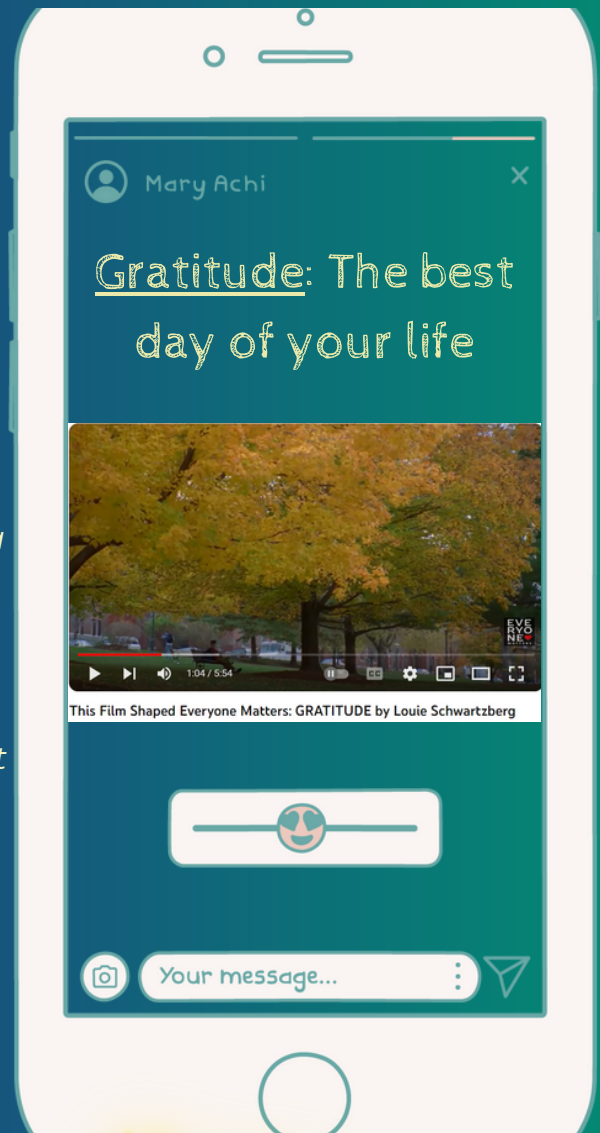


# GOOD NEWS STORIES

## COMMUNITY RALLIES TO RESCUE DOLPHIN POD

Linda Grocock was out running errands in Digby, Nova Scotia, last November when she spotted an unusual sight off the coast: 16 Atlantic white-sided dolphins had become beached. Figuring they didn't have a lot of time—dolphins can survive out of water for only about six hours—Grocock quickly got in touch with the Halifax-based Marine Animal Response Society (MARS), as well as some friends who individually contacted the local fisheries department and posted about the dolphins on a community Facebook page.

MARS personnel were too far away to get to the dolphins in time, so they enlisted Digby's volunteer fire department to help coordinate the response. Soon, about 40 locals who had seen the news online arrived on the scene and waded into the mud flats. Then they carefully moved the dolphins to tarps or sleds and gently hauled them back to the water. It wasn't long before each dolphin was safely back in the sea, swimming with its podmates. —Patricia Karounos



### Prayer



Loving God,  
 another school year has begun.  
 Help me learn from my missteps and  
 mistakes from previous years to make this  
 year a better one.  
 Help me grow out of my comfort zone to  
 join clubs or play sports.  
 Help me adopt a healthy lifestyle, one that  
 is balanced and tends to my emotional,  
 psychological and spiritual health.  
 Basically God, I'm asking for Your help so  
 I can be comfortable being me.  
 Our Lady of the Assumption,  
 pray for us!

If you need support, please  
 remember we are here for you:

- Mr. McDougall (Principal)
- Ms. Davison (VP)
- Mr. Laurin (VP)
- Ms. Rerecich (Chaplain)
- Devin Misener (CYC)
- Bailey Jones (SW)
- Guidance Counselors  
 and your teachers



@msrchaplain

