WEEK OF DEC. 4 - 8, 2023

MONDAY

Student Council meets in rm 206

DECA meets in rm 210.

Best Buddies in rm 202 (when needed)

Chess Club in rm 304

Model UN in rm 306

SR. Reach, rm 224



TUESDAY

Rosary Group in the Chapel per. 2

Crochet Club in rm 112 on 3rd lunch

Concert Band in the music room



Check the
Phys. Ed.
bulletin board
for your team
updates and
tryout
information!

Wednesday

Wellness Wednesday in the Piazza over lunches Math Madness: before school (rm 302); after school (rm 304).

> Student Athletic Council in rm 118

"Assumption Reads" Book Club, in rm 222 every other Wed.

Chaplaincy Club,
- Check the google
classroom.

Debate Club, rm 206

Black Student Association rm 107

Robotics - rm 223

Intermediate Reach, rm 224

THURSDAY

Art Club in rm 108!

Dungeons and Dragons rm 209B

> Sr. Reach, rm 224



Rock Band in the music room

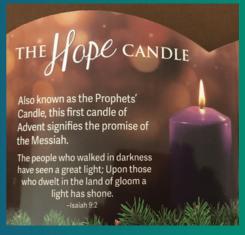




This Wednesday is our Advent Mass.

First Mass: 9s/11s Second Mass: 10s/12s.

If you would like to proclaim the Word, see Ms. R.



WEEK OF DEC. 4 - 8, 2023

We pause to honour the land on which we live, work and learn.

This land is sacred:
it is the land of many First Nations and the Metis;
From the lands of the Anishinabe to the Attawandaron,
The Haudenosaunee and the Metis, who lived, worked and learned on this land and kept a peaceful balance with the land and all its creatures and inhabitants and continue to do so.

As we begin our week,
Let us honour this land, its rich history,
the many First Nations and the Metis
and commit to continue learning
how to keep a peaceful balance with this land
and with all those who call this land home.

We are only as healthy as this land is healthy.

WEEK OF DEC. 4 - 8, 2023

Students will be coming around today with your class total and a form for the class to fill out on how your class will spend that amount for your family. The due date for all the gifts for your "Adopt-a-family" is: TUESDAY, DECEMBER 12th. Thank you to all the classes and staff who are participating and for your continued support.

A reminder to all Sr. Boys hockey players of your game today at 1:30 in Milton. The bus will leave at 12:00 noon. Teachers please dismiss the members of the team at 11:45 a.m.

Have you always wanted to learn how to play Chess?Well, our Chess Club is back and in full operation. Be in room 304 after school today to begin your mastery of Chess!

ATTENTION BANTAM BOYS BASKETBALL: A final tryout will be held TODAY during lunch for the bantam boys basketball team.

Attention Bantam VOLLEYBALL players: To all Bantam volleyball players, you are to meet in the main gym @ 12:30 tomorrow, Dec. 5th for the basketball clinic and exhibition game.

Tickets for Assumption's musical: "A Christmas Carol" are officially on sale!!! The show is on December 13 and 14th and tickets are \$10 each on school cash online. More details to come!

Eco-Club will be recycling lightly used t-shirts into dog toys for our animal friends at the Burlington Humane Society! Drop off any shirts (washed + free of chemicals) in the box in front of Mrs R's office.

Coats For Kids is back! This helps collect winter items for people in our community. Some items could be; coats, snow pants, hats, gloves etc. There is a big box outside the main office where you can drop off your items!

MONDAY = Chess Club, rm 304; Sr. Reach, rm 224; Model UN, rm 306; Student Council, rm 206.

WEEK OF DEC. 4 - 8, 2023

IMPORTANT DATES

DEC. 6: ADVENT MASS

DEC. 12: SCHOOL PLAY

DEC. 12: SACRAMENT OF RECONCILIATION

(9 - 10: 30 A.M.)

DEC. 13: SCHOOL PLAY (TICKETS ON SALE!)

DEC. 13: SACRAMENT OF RECONCILIATION

(12:30 - 2 P.M.)

DEC. 14: SCHOOL PLAY (TICKETS ON SALE!)

DEC. 23-JAN. 7: CHRISTMAS BREAK

JAN. 8: FIRST DAY BACK

JAN. 18: MUSIC CONCERT

JAN. 25 - 31: EXAMS

FEB. 1: EXAM REVIEW DAY

FEB. 2: PD DAY

FEB. 5: SEMESTER 2 BEGINS

FEB. 14: ASH WEDNESDAY

(& VALENTINE'S DAY)



DAD JOKE OF THE WEEK

What do you call an espresso with a cold?

Coughee.



Qyote for the week

"To be trusted
is a better compliment
than to be loved."

-George MacDonald



Toven 10 MEANINGFUL ADVENT begins TRADITIONS TO TRY THIS YEAR

BY <u>SARAH GARONE</u> DECEMBER 1, 2023

If you're like me, the beauty and deep meaning of Advent can get away from you awfully fast. One minute you're lighting that first purple candle and singing "O Come, O Come Emmanuel," and then whoosh! it's January. The usual Advent wreaths and mini-chocolate calendars are tried and true practices (because hey, who doesn't like chocolate?) and they can certainly help us focus our thoughts on the coming of the infant king. But perhaps going beyond the expected traditions could make us pause for a bit more mindfulness this season. Here are ten unique traditions to bring more mindfulness and joy to this time of year.

- 1. Find an unconventional Advent calendar
- 2. Try a reverse Advent "calendar"
- 3. Keep an Advent jar
- 4. Make Sunday a true Sabbath
- 5. Learn something new about Advent each week
- 6. Make an Advent playlist
- 7. Craft a paper chain
- 8. Try "Advent Angels" instead of Secret Santa
- 9. Celebrate saints' feast days throughout December
- 10. Write out the Christmas story day by day

For the full article and explanation of each tradition, use this

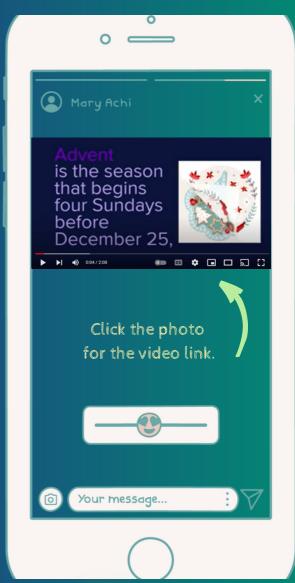
link: Busted Halo: Advent ideas





If you need support, please remember we are here for you:

Mr. McDougall (Principal)
Ms. Davison (VP)
Mr. Laurin (VP)
Ms. Rerecich (Chaplain)
Devin Misener (CYC)
Bailey Jones (SW)
Guidance Counselors
and your teachers



Prayer

Into all the dark and dreary places of this world.

O Come, O Come, Emmanuel,

Into hearts that are broken

and lives that are struggling.

O Come, O Come, Emmanuel,

Into our cluttered hearts

where scars of hurts have piled up.

O Come, O Come, Emmanuel,

Bring reconciliation into every corner of the world where there is disconnection and isolation.

O Come, O Come, Emmanuel,

Bring your peace and healing love to all.

Our Lady of the Assumption, pray for us.

Amen.



@msrchaplain

