WEEK OF FEB. 12 - 15, 2024

WE PAUSE TO HONOUR THE LAND
ON WHICH WE LIVE, WORK AND LEARN.
THIS LAND IS SACRED:
IT IS THE LAND OF MANY FIRST NATIONS
AND THE METIS;
FROM THE LANDS OF THE ANISHINABE
TO THE ATTAWANDARON,
THE HAUDENOSAUNEE AND THE METIS,
WHO LIVED, WORKED AND LEARNED
ON THIS LAND
AND KEPT A PEACEFUL BALANCE
WITH THE LAND
AND ITS CREATURES AND INHABITANTS
AND CONTINUE TO DO SO.

AS WE BEGIN OUR WEEK,
LET US HONOUR THIS LAND, ITS RICH HISTORY,
THE MANY FIRST NATIONS AND THE METIS
AND COMMIT TO CONTINUE LEARNING
HOW TO KEEP A PEACEFUL BALANCE
WITH THIS LAND AND WITH ALL THOSE
WHO CALL THIS LAND HOME.

WE ARE ONLY AS HEALTHY AS THIS LAND IS HEALTHY.

WEEK OF FEB. 12 - 15, 2024

### **IMPORTANT DATES**

FEBRUARY IS BLACK HISTORY MONTH

FEB. 13: SHROVE TUESDAY/MARDI GRAS

FEB. 14: ASH WEDNESDAY--LENT BEGINS!

(& VALENTINE'S DAY)

FEB. 16: PD DAY

FEB. 19: FAMILY DAY HOLIDAY

FEB. 12-MAR. 1: GRAD PHOTOS

FEB. 22: PHOTO RETAKE DAY

FEB. 28: PINK SHIRT DAY

FEB. 28: COURSE FAIR

FEB. 29: CIVVIES DAY

MAR. 11-15: MARCH BREAK

MAR. 21: PARENT/TEACHER INTERVIEWS

MAR. 27: HOLY WEEK PRAYER SERVICES

MAR. 29: GOOD FRIDAY

MAR. 31: EASTER SUNDAY

**APR. 1: EASTER MONDAY** 

APR. 8: PD DAY

**APR. 9-10: OSSLT** 



## DAD JOKE OF THE WEEK

I tried to climb a really tall tower in France...

...but Eiffel off.



Qyote for the week

"THE WAY YOU FEEL ABOUT YOURSELF IS BASED ON THE THOUGHTS YOU CHOOSE TO BELIEVE ABOUT YOURSELF."

-JAY SHETTY





# AN INNOVATIVE POLLUTION SOLUTION

Ireland | Growing up kayaking around the southwest coast of Ireland, 20-year-old Fionn Ferreira saw the devastating effects of ocean pollution first-hand. Shocked by the amount of plastic littering the shores, he began learning more about the estimated 300 million tonnes of plastic waste humans produce every year. The most dangerous form of plastic, Ferreira discovered, is the kind you can't see—microplastics, tiny fragments that can end up inside fish and our bodies. We ingest five grams of microplastics every week—about the equivalent of a credit card—from the food we eat and the water we drink. Even more microscopic plastic particles are shed from carpets and synthetic textiles.

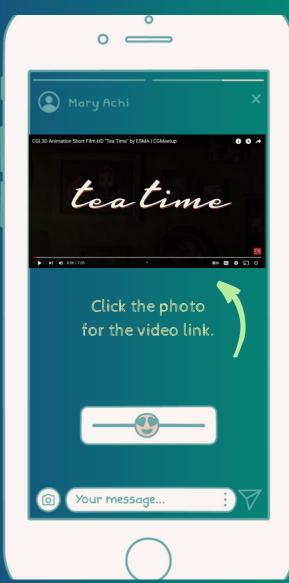
After noticing that oil-spill residue on the beach attracted plastic particles, Ferreira set out to design a device that used ferrofluid, a type of magnetic liquid, to remove microplastics from drinking water. In 2019, his prototype—which removed 87 per cent of microplastics from a water sample—won him the grand prize at the Google Science Fair.

Now a chemistry student at the University of Groningen, Ferreira is working with an Ohio-based company to fine-tune his invention for use in homes and potentially in wastewater-treatment plants too. "I love the process of inventing and doing things for the planet," he says, "and there are many more ideas in the pipeline." —By Anna-Kaisa Walker.



If you need support, please remember we are here for you:

Mr. McDougall (Principal)
Ms. Davison (VP)
Mr. Laurin (VP)
Ms. Rerecich (Chaplain)
Devin Misener (CYC)
Bailey Jones (SW)
Guidance Counselors
and your teachers



## **PRAYER**

Gracious God,

We ask your blessing on all our friends

Who have given of their own heart and soul

To deepen and strengthen our own.

We pray especially for those who have

walked alongside us

When we have not been

a faithful friend ourselves.

When we feel alone,

remind us that our friends

Are one of Your greatest

gifts of grace for us.

Let us be to them what they are to us.

We ask this for the sake

of Your love and friendship.

Our Lady of the Assumption, pray for us!





#### WEEK OF FEB. 12 - 15, 2024

Any girls interested in playing for your Assumption Girls Varsity Rugby team are asked to signup outside workroom 200 and to print off a permission form to submit. Forms are found online and must be signed by a parent or guardian in order to begin training. Please get forms in this week. The first training date is Thursday Feb. 22nd outside. See Ms. Hayes or Mr. Worobec for questions.

Attention all students: This is a reminder for those who have registered for the Black History Month movie screening of "Hidden Figures". Please check your email for confirmation. You will be expected to show this email upon entry into the movie screening. The screening will take place tomorrow, Tuesday, February 13th, from 11:00 AM to 12:55 PM, spanning over Periods Three and Four. Thank you for your enthusiasm, and we look forward to watching and discussing this important movie together.

Any girls interested in playing flag football this year? Please come to a meeting in room 118 immediately after school tomorrow, Tuesday, February 13. If you have any questions see one of the coaches. Coaches are Mr. Worobec, Mrs. Carlone and Mr. Yurgan.

Attention students who are signing laptops out of resource for day use: they MUST BE RETURNED AT THE END OF THE DAY!

Attention Grads: this announcement is about grad photos and how to sign up – TO BOOK YOUR APPOINTMENT GO TO THE PEGASUS WEBSITE AT: <a href="https://pegasus-si.com">https://pegasus-si.com</a> and click on "Book Your Grad Photos" at the top of the page. Enter the school code for Assumption, then choose the date and time for your portrait session, and then confirm your personal info. All information is on the grad D2L page. See the poster from Pegasus for all the details you need.

From Guidance: Any grade 12 students who are 18 years of age, please check your email and respond to it regarding a consent for information sharing or come to Guidance as soon as possible.

Hey Crewsaders...Valentine's Day is coming up, same day as Ash Wednesday. And we have flowers you can buy and have delivered during period 1! Go to schoolcashonline, and for \$2, you can order a carnation for that wonderful person in your life! It doesn't just have to be for a significant other, it could be for your best friend, or someone you know who could use this to brighten their life. The deadline to order flowers is tonight at midnight. There will be no extensions for ordering flowers! Student council members will be at a table on both lunches today and tomorrow so you can write the card to go with the flower. You must pay for the flower before writing the card. Let love bloom at Assumption!

Any students interested in writing the Waterloo Canadian Computing Competition must register with Mr. Galli before Tuesday February 13th, that's tomorrow!

A big shout out of thanks goes to those involved in the planning of the Lunar new year celebrations that took place last Friday during lunches in the piazza! The food was delicious and the atmosphere electric!Many blessings to all those celebrating the Lunar New Year!

CHECK THE PHYS. Ed. BULLETIN BOARD FOR YOUR TEAM UPDATES AND TRYOUT INFORMATION!

**WEEK OF FEB. 12 - 15, 2024** 

## MONDAY

Student Council meets in rm 206

DECA meets in rm 210.

Best Buddies
--please check the
google classroom!

Chess Club in rm 304

Model UN in rm 306

**BLACK** 

**HISTORY** 

MONTH

## TUESDAY

Rosary Group in the Chapel per. 2

Peer Tutoring on lunches

Crochet Club in rm 109 on 3rd lunch

Concert Band in the music room

SR. Reach, rm 224



## Wednesday

Wellness Wednesday in the Piazza over lunches

Math Madness: before school (rm 302); after school (rm 304).

> Student Athletic Council in rm 118

"Assumption Reads"
Book Club, in rm 222
-meets Feb. 7th

Chaplaincy Club,Check the google classroom.

Debate Club, rm 206

Black Student Association rm 107

**Robotics - rm 223** 

Intermediate Reach, rm 224

## THURSDAY

Peer Tutoring on lunches

Art Club in rm 108!

Dungeons and Dragons rm 209B

Assumption & the World, rm 107

BE KIND BE BRAVE BE SILLY

BE HONEST BE HAPPY

Friday



## **NURTURING OUR FAITH**

CLICK THE ITEM AND IT WILL TAKE YOU TO THE SITE.



