WEEK OF FEB. 20 - 23, 2024

WE PAUSE TO HONOUR THE LAND ON WHICH WE LIVE, WORK AND LEARN. THIS LAND IS SACRED: IT IS THE LAND OF MANY FIRST NATIONS AND THE METIS; FROM THE LANDS OF THE ANISHINABE TO THE ATTAWANDARON, THE HAUDENOSAUNEE AND THE METIS, WHO LIVED, WORKED AND LEARNED ON THIS LAND AND KEPT A PEACEFUL BALANCE WITH THE LAND AND ITS CREATURES AND INHABITANTS AND CONTINUE TO DO SO.

AS WE BEGIN OUR WEEK, LET US HONOUR THIS LAND, ITS RICH HISTORY, THE MANY FIRST NATIONS AND THE METIS AND COMMIT TO CONTINUE LEARNING HOW TO KEEP A PEACEFUL BALANCE WITH THIS LAND AND WITH ALL THOSE WHO CALL THIS LAND HOME.

> WE ARE ONLY AS HEALTHY AS THIS LAND IS HEALTHY.

WEEK OF FEB. 20 - 23, 2024

IMPORTANT DATES

FEBRUARY IS BLACK HISTORY MONTH FEB. 12-MAR. 1: GRAD PHOTOS FEB. 22: PHOTO RETAKE DAY FEB. 28: PINK SHIRT DAY FEB. 28: COURSE FAIR FEB. 29: CIVVIES DAY MAR. 11-15: MARCH BREAK MAR. 21: PARENT/TEACHER INTERVIEWS MAR. 27: HOLY WEEK PRAYER SERVICES MAR. 29: GOOD FRIDAY MAR. 31: EASTER SUNDAY **APR. 1: EASTER MONDAY** APR. 8: PD DAY **APR. 9-10: OSSLT APR. 17: ROBOTICS COMPETITION APR. 27: TRIVIA NIGHT!** MAY 1: EASTER/CEW MASSES





DAD JOKE OF THE WEEK

What colour is the wind?

...Blew.



Quote for the week

"NOT A SOUL IN THE WORLD CAN TAKE WHAT'S MEANT FOR YOU."

-@JAYSHETTY





<u>Nonprofit Diverts an Ocean Plastic Tide, Removing</u> <u>2 Million Pounds of Trash From Waterways</u>

The TerraCycle Global Foundation reached an impressive milestone last month, announcing that they've removed over 2 million pounds of waste from rivers, canals, and waterways.

Since its founding, the nonprofit organization has targeted ocean pollution right at its source—waterways. When polluted, they send waste directly to oceans, harming sea life and the environment. Over 1000 tons have been diverted and recycled.

And, because the Foundation is founded by New Jersey-based <u>TerraCycle</u>—a two decades-old company known for turning plastic waste into useful items for sale—none of the litter collected ever goes to waste.

Operating in canals throughout Bangkok, Thailand, TerraCycle's "world-class river waste prevention systems" are implemented with the local community and governments to address the complex challenge of collecting waste before it enters and pollutes global aquatic systems.

The Foundation is currently operating wildlife-safe river traps in Thai canals to recover waste directly from the water. The waste is then sorted, and plastics are separated and recycled.

"We take a holistic approach to reducing plastic waste in waterways," said James Scott, Executive Director of the <u>TerraCycle Global</u> <u>Foundation</u>. "Our operations provide safe, stable employment for members of the local Lat Phrao community in Bangkok while creating cleaner and healthier environments for communities along the canal."

--click the title above or the photo below for the link to full article!

Nonprofit Diverts an Ocean Plastic Tide, Removing 2 Million Pounds of Trash From Waterways

If you need support, please remember we are here for you:

> Mr. McDougall (Principal) Ms. Davison (VP) Mr. Laurin (VP) Ms. Rerecich (Chaplain) Devin Misener (CYC) Bailey Jones (SW) Guidance Counselors and your teachers



PRAYER



Our Father in Heaven, You are infinitely forgiving and merciful. Help us to live lives of forgiveness that Your name may be hallowed throughout all the earth. Grant this through Your Son, Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, forever and ever.

Our Lady of the Assumption, pray for us!

@msrchaplain



WEEK OF FEB. 20 - 23, 2024

The Arts Council is coming back and we are looking for creative students who have a passion for art and music to create backdrops, posters, ideas and themes for this year's Arts Night! If you are interested see Mrs. Smith or Mrs. Quintal for details and come by the drama room next Tuesday after school for our first meeting!

A huge congratulations to Assumptions Model UN team for a successful trip to Washington DC, this past weekend to NAIMUN LXI!! All of the delegates worked very hard before and during committee and were all very proud of their efforts. A special shoutout to Thomas Antunes and Ella St. John for winning the Verbal Commendation award in their work in the African Union committee. Congratulations to all delegates!

Assumption... on Thurs of last week your Alpine Skiers competed in a Ski Cross event at Craigleith Ski Club. Congratulations go out to Ella Hogan, Angelica Maduri, Luc McDowell and Adam Tamas for finishing 2nd in the Mixed Team category! Further congratulations go out to Angelica and Luc who each also finished 2nd in the individual categories! A big thank you to all the skiers who completed and represented Assumption with pride, what an awesome way to end our season! Go Blue Go!

Congratulations to our Assumption DECA team for their exceptional results at Provincials in Toronto! Over 6000 students competed and our chapter delivered great business case analyses and oral presentations! Special mention to Akul Akul who placed in the top 20 for BOTH of his oral events, and Franco Lau, who placed in the top 20 for his oral event and place top 20 OVERALL in his category! Ms. Giannotti, Mr. Haase, and Mrs. Laferriere are so impressed and grateful for this outstanding and dedicated group of students! You make Assumption proud!

Senior students interested in being a Peer Tutor are asked to sign up using the blue QR code posted around the school. We are looking for a twice-a-week commitment, on your lunch, in all subject areas. See Ms. Timperio or Ms. Bedford if you have any questions. Thanks.

The Junior Boys Soccer tryouts will be happening this Thursday, February 22nd after school on the field. Those wishing to tryout must bring a signed permission form which can be found by scanning the QR code outside the gym office. See everyone on Thursday!"

Are you interested in learning more about the Catholic Faith? Do you have questions about God or the Bible? Come to our Bible study on Wednesdays at 2:30 in the Chapel. It's being led by our new Student Teacher, Mr. Steckle. Bibles are provided and we meet for about a half hour after school on Wednesdays in the Chapel for the next few weeks. All are welcome. CHECK THE PHYS. ED. BULLETIN BOARD FOR YOUR TEAM UPDATES AND TRYOUT INFORMATION!

WEEK OF FEB. 20 - 23, 2024

As you know, there is a buyout today for the Jr. Girl's volleyball game against Corpus Christi @ Sheridan, game starts at 10 a.m. you must show your classroom teacher the receipt of payment, and you must hand in your permission form to the supervisor prior to boarding the bus. Busses leave at 9:00 am and leave Sheridan College at 11:30 am We will be returning to the school in time for you to attend period 4 and 5. Please remember to be positive and encouraging in your cheering. You are representing our school and our Catholic ethos. Please wait to be called down.

The Senior Boys Soccer tryouts will be happening this Wednesday, February 21st after school on the field. Those wishing to tryout must bring a signed permission form which can be found by scanning the QR code outside the gym office. Come dressed and ready to play! See everyone on Wednesday!

Any girls interested in playing for your Assumption Girls Varsity Rugby team and have already signed up and submitted their permission forms—our first training date is this Thursday Feb. 22nd outside. Come dressed and ready to play. If you have any questions, See Ms. Hayes or Mr. Worobec.

Attention Grads—grad photos are taking place. Make sure you have booked your time through the Pegasus website. If you need more info—go to the D2L Graduation page.

Attention Assumption crusaders! Get ready for a culinary adventure during Black History Month on February 23! We're thrilled to host a special cooking class featuring a guest chef who will guide us through the rich flavors and stories behind iconic dishes from various regions in Africa. Students who registered are asked to check their emails for confirmation and more details

Assumption High School is thrilled to announce an Arts Slam event on February 21 in celebration of Black History Month! Join us for an inspiring poetry session with guest poet Chiddy James, who will share his work and insights into his writing process. Students are encouraged to share their own art and poetry inspired by their favorite black artists. Please see Ms. Quintal in rm 107 as soon as possible. Let's celebrate creativity and diversity together!

From Student Services:

Drop and add is officially done. Drop and Add is only the first 2 weeks of the semester. There are absolutely no more elective changes.

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WEEK OF FEB. 20 - 23, 2024



Student Council meets in rm 206

DECA meets in rm 210.

Best Buddies --please check the google classroom!

> Chess Club in rm 304

Model UN in rm 306



Rosary Group in the Chapel per. 2

Peer Tutoring on lunches

Crochet Club in rm 109 on 3rd lunch

Concert Band in the music room

> SR. Reach, rm 224

Construction Club, rm 106



Wednesday

Wellness Wednesday in the Piazza over lunches

Math Madness: before school (rm 302); after school (rm 304).

> Student Athletic Council in rm 118

"Assumption Reads" Book Club, in rm 222 -meets Feb. 21

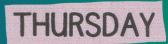
Chaplaincy Club, - Check the google classroom.

> Debate Club, rm 206

Black Student Association rm 107

Robotics - rm 223

Intermediate Reach, rm 224



Peer Tutoring on lunches

Art Club in rm 108!

Dungeons and Dragons rm 209B

Assumption & the World, rm 107



Rock Band in the music room

Sr. Reach, rm 224

HAVE A GOOD WEEK!

NURTURING OUR FAITH CLICK THE ITEM AND IT WILL TAKE YOU TO THE SITE.

bustedhalo #DAILYJOLT FEBRUARY 20, 2024

Change is not made without inconvenience.

-- RICHARD HOOKER, ENGLISH PRIEST

TODAY'S #MICROCHALLENGE FAST FROM A CONVENIENCE TODAY. SOME IDEAS: AVOID USING THE MICROWAVE, REFRAIN FROM ORDERING



Mary Ann Steutermann February 19, 2024

Lent Reflection:

(BY: Mary Schmidtlein Rhodes)

Most of us learned the Our Father prayer by heart as children. We pray it collectively at every Mass and when we recite the rosary. Like the pagans Jesus castigates in today's gospel, I often babble this prayer mindlessly on autopilot instead of praying it meaningfully from my heart.

The opening words form an immediate and intimate relationship with God, Jesus, and each other. I am addressing not simply my father but our Father. How radical it is for us to be able to call God, the almighty creator of the universe, our Father, a relationship that Jesus calls us to share with him. No longer is God distant, fearful, and removed, but caring, protective, and personally related to you and me.

Having directed us to call God our Father, Jesus sets forth seven petitions: three "thy" petitions directed to God and four "us" petitions. The "thy" petitions instruct us to sanctify and set apart God's name, seek God's kingdom, and do God's will. By surrendering ourselves to God's divine plan, we shift our focus away from ourselves and onto God and each other, moving more deeply into the Father's loving embrace.

The "us" petitions seek provision for our daily needs, forgiveness, and protection. Every day, we ask God to give us physical and spiritual bread. The simplicity of this daily request underscores how completely dependent we are on God. Our petition for forgiveness emphasizes the reciprocal nature of divine mercy. Being in the right relationship with God requires us to be in the right relationship with one another. Just as God showers mercy and compassion upon us, we must mirror these divine attributes with each other. In the concluding "us" petitions, we ask for God's protection and guidance when facing temptations and evil.

This Lent, let us heed Jesus' instruction not to babble our prayers rotely by heart. Instead, let us approach God, our Father, from our hearts with sincerity and humility.