

# CRUSADER CHAPLAIN CHATTER

WEEK OF MAR. 18 - 22, 2024

WE PAUSE TO HONOUR THE LAND  
ON WHICH WE LIVE, WORK AND LEARN.

THIS LAND IS SACRED:  
IT IS THE LAND OF MANY FIRST NATIONS  
AND THE METIS;  
FROM THE LANDS OF THE ANISHINABE  
TO THE ATTAWANDARON,  
THE HAUDENOSAUNEE AND THE METIS,  
WHO LIVED, WORKED AND LEARNED  
ON THIS LAND  
AND KEPT A PEACEFUL BALANCE  
WITH THE LAND  
AND ITS CREATURES AND INHABITANTS  
AND CONTINUE TO DO SO.

AS WE BEGIN OUR WEEK,  
LET US HONOUR THIS LAND, ITS RICH HISTORY,  
THE MANY FIRST NATIONS AND THE METIS  
AND COMMIT TO CONTINUE LEARNING  
HOW TO KEEP A PEACEFUL BALANCE  
WITH THIS LAND AND WITH ALL THOSE  
WHO CALL THIS LAND HOME.

WE ARE ONLY AS HEALTHY  
AS THIS LAND IS HEALTHY.



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## IMPORTANT DATES

MARCH = IRISH HERITAGE MONTH  
MARCH = BANGLADESHI HERITAGE MONTH  
MARCH = HELLENIC HERITAGE MONTH  
MARCH = PERSIAN HERITAGE MONTH  
MAR. 19: SACRAMENT OF RECONCILIATION  
MAR. 21: SACRAMENT OF RECONCILIATION  
MAR. 21: PARENT/TEACHER INTERVIEWS  
MAR. 21: INT'L DAY FOR THE ELIMINATION  
OF RACIAL DISCRIMINATION  
MAR. 27: HOLY WEEK PRAYER SERVICES  
MAR. 29: GOOD FRIDAY  
MAR. 31: EASTER SUNDAY  
MAR. 31: INT'L TRANSGENDER DAY OF  
VISIBILITY  
APR. 1: EASTER MONDAY  
APR. 8: PD DAY  
APR. 9-10: OSSLT  
APR. 11: SPRING FLING DANCE  
APR. 17: ROBOTICS COMPETITION  
APR. 27: TRIVIA NIGHT!  
MAY 1: EASTER/CEW MASSES

## UPCOMING EVENTS



## DAD JOKE OF THE WEEK

I started a band called,  
“Blanket.”

It’s a cover band.



## Quote for the week

**“I THINK ONE OF MY FAVOURITE  
FEELINGS IS LAUGHING WITH  
SOMEONE AND REALIZING HALF  
WAY THROUGH HOW MUCH YOU  
ENJOY THEM AND THEIR  
EXISTENCE.”**

**-@JAYSHETTY**



**For More  
Information**

**@assumptioncrusader  
gobluego.ca**



## Mom Runs Wholesome Hair Workshops for Dads to Learn How to Style Daughters' Hair

A mom started leading hair care workshops teaching dads how to manage their daughters' hair, training more hands to help in the mornings before school.

Sarah Eaton had been organizing lessons showing moms how to do elaborate plaits and braids when she got the idea because many of the women said their male partners should learn the skills too. Now, the 38-year-old runs hour-long Dad & Me workshops at her local community center where they learn how to do the basics, like detangle long hair, tie it back in ponytails, and style it into simple braids, bunches, and buns for ballet class.

The hairstylist from West Lothian, England, reports that all the fathers comment on how much more confident it has made them feel. "The look of admiration on their face after each session is amazing." Sarah started her small workshop business, Bonnie Braids, after trying to dress up her two daughters for Halloween in 2022. She bought them both red synthetic wigs which she planned to braid but was surprised to find how hard it was to do.

After chatting with other moms in her town, she learned that many of them wanted to know how to do Dutch and French braids. "It went really well, and then a few moms started telling me how their husbands wanted to learn how to do it, so I decided to set one up for them."

Sarah has run three sessions for dads so far, and says they are only getting more and more popular. One of the activities in the workshop which draws the most laughs is when the dads are learning how to do the high bun.

"We get the kids to stand up and the dads hold the hair up high while the girls spin around. The kids are so happy because dad can do a bun for their ballet."



For more on this story and for the YouTube video, click here:



## PRAYER



*Our Father in Heaven,  
You are infinitely forgiving  
and merciful.*

*Help us to live lives of forgiveness  
that Your name may be hallowed  
throughout all the earth.*

*Your name is mercy  
and so let us share with others  
the same mercy  
You show us.*

*Our Lady of the Assumption,  
pray for us!*



*If you need support, please remember  
we are here for you:*

*Mr. McDougall (Principal)*

*Ms. Davison (VP)*

*Mr. Laurin (VP)*

*Ms. Rerecich (Chaplain)*

*Devin Misener (CYC)*

*Bailey Jones (SW)*

*Guidance Counselors*

*and your teachers*



@msrchaplain



# CRUSADER CHAPLAIN CHATTER

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The Sacrament of Reconciliation will be offered to our community this week on Tuesday and Thursday at different times. See Ms. R.'s weekly newsletter for the times.

This announcement is for anyone that signed up for (or would still like to join) the after school Literacy prep course for the OSSLT! We are meeting tomorrow afterschool in room 204 from 2:30-4:00! We meet every Tuesday and Thursday afterschool until the test and we always have snacks! See Ms. Chirichella if you have any questions!

Hey Book Clubbers - due to a conflict this week, we are unable to meet and will have to postpone our meeting to NEXT Wednesday. Feel free to keep reading "Everyone Here is Lying" and stay tuned for further information. If you have any questions, see Mrs. Crowell in room 222. Happy reading!

A reminder the next tryout for the varsity girls soccer team is today after school on the field. Dress warm and see you there!

Assumption Lives Lent!

Support Shifra Homes! They provide a safe, nurturing and caring home environment for young, homeless and pregnant women throughout pregnancy, delivery and beyond. Donations can include: baby food, clothing, blankets, soft toys, baby formula, laundry detergents etc. All items can be dropped off at the front office. See Miss Adolphe in room 115 for more information.

Did you know we have approximately 50 languages represented in our school? That's right! And it's fabulous to hear them—if you speak other languages, please see Ms. R. about praying in these other languages every Wednesday morning. It allows us to understand that our school, our city and our faith, are more diverse than we give credit. See Ms. R. if you are willing to share your linguistic diversity!

Hey Crewsaders—another intramural is happening on Fri. Mar. 22 on your lunch. That's this Friday! The sport: basketball. The theme: March Madness. Come see us at the table on your lunch today for information and forms. Forms are due Wed. Mar. 20th. Winner of the tournament plays the teacher team and has a chance to win prizes! Good luck!





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Applications are now ready for any graduating student who would like to be considered for the position of Valedictorian for the graduating class of 2024. If you would like to represent your fellow graduates at the ceremony in June, you can pick up an application outside workroom 210A. Applications are due **NO LATER THAN APRIL 5, 2024.**

A reminder to those trying out for the junior boys hockey team of the try out tomorrow at 3:00 pm at Mainway Arena. Please make sure you have a signed permission form and your online payment secure before attending.

To all of the students that have agreed to participate in the coed hockey tournament this Thursday, it is imperative that you go online and pay your tournament entry fee as soon as possible. Permission forms will also need to be submitted to Mr. Consoli in the Phys. Ed. office as soon as possible.

A reminder to all grade 12s: Volunteer hours are due April 1st!

About the Lost and Found—if any items belong to you, please come get them as they will be taken away this week---there are water bottles, and so much more than just clothes. You will have today and tomorrow to retrieve your items and then they'll be gone! Never to be seen again!

**MONDAY =** Chess Club today after school in rm 304  
Model UN, rm 306  
Student Council, rm 206  
DECA, rm 211



**ATTENTION PLEASE**



**CHECK THE PHYS. ED. BULLETIN BOARD FOR YOUR TEAM  
UPDATES AND TRYOUT INFORMATION!**

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## MONDAY

Student Council meets in rm 206

DECA meets in rm 210.

Best Buddies  
--please check the google classroom!

Chess Club in rm 304

Model UN in rm 306



## TUESDAY

Rosary Group in the Chapel per. 2

Peer Tutoring on lunches

Crochet Club in rm 109 on 3rd lunch

Concert Band in the music room

SR. Reach, rm 224

SACRAMENT OF RECONCILIATION: 9-10:30 A.M.



# WELCOME BACK!

## Wednesday

Wellness Wednesday in the Piazza over lunches

Math Madness: before school (rm 302); after school (rm 304).

Student Athletic Council in rm 118

"Assumption Reads" Book Club, in rm 222 -meets Mar. 6

Construction Club, rm 106

Debate Club, rm 206

Black Student Association - rm 107

Robotics - rm 223

Intermediate Reach, rm 224

Chaplaincy Club, - Check the google classroom.

## THURSDAY

Peer Tutoring on lunches

Art Club in rm 108!

Dungeons and Dragons - rm 209B

Assumption & the World, rm 107

SACRAMENT OF RECONCILIATION: 12:30 - 2 P.M.

Parent - Teacher Interviews

## Friday

Rock Band in the music room

Sr. Reach, rm 224

## NURTURING OUR FAITH

CLICK THE ITEM AND IT WILL TAKE YOU TO THE SITE/ARTICLE.

**bustedhalo**

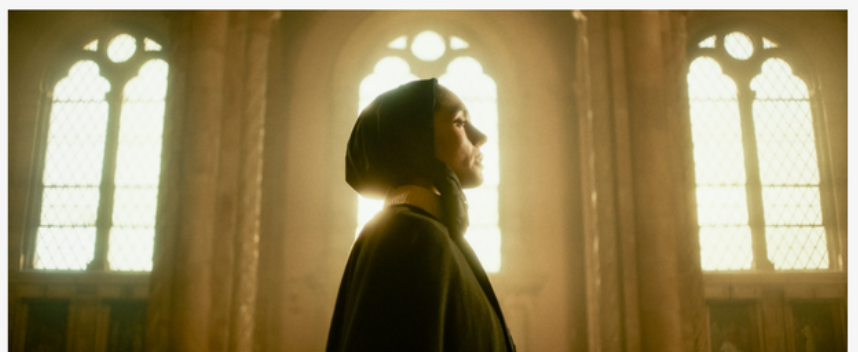
#DAILYJOLT  
MARCH 18, 2024

There's two buttons I never like to hit, alright? And that's 'panic' and 'snooze.'

--TED LASSO

TODAY'S #MICROCHALLENGE

FAST FROM REACTING TOO QUICKLY AND FROM



Bringing Mother Cabrini's Story to the Big Screen With Screenwriter Rod Barr

# Lent Reflection:

by John P. McMackin '16

The scribes and the Pharisees set out to trap Jesus by using the law and risking the life of a woman. But what is Jesus's response? Jesus does not rebuke them for misunderstanding Mosaic law or criticize their concept of justice. Instead, he cuts to the heart of the matter—their own hearts—and asks a question: who of you has not sinned?

Often, I have heard this passage and dwelt on the woman, the accused. She has a significant role to play and receives an amazing experience of the personal mercy of God. But what of the others? What is Jesus calling them to? He does not ask them to abandon the law or condone adultery but, as always, invites them to share in his mission. Jesus came to call sinners to himself, and he answered the Pharisees' test by asking them to open themselves to the truth and be convicted of their own sins.

As I have gotten older and my wife and I have started our family, many parts of adulthood have grown easier: learning to go without sleep, foregoing evening plans, or passing on some weekend events. One that has not though, is coming to grips with my sinfulness.

I have tried countless times to make a daily examen with little success. Most often, halfway through, I fall asleep. But, the reality is that not taking the time to come to grips with the hurts or slights I dole out deadens God's call in my life. Understanding where I fall regularly can be an avenue to where God's love can regularly meet me.

Jesus does not want us to be ashamed but convicted toward repentance. He wants us to understand that we need his love and mercy and that it is always present if we only ask for it. Who among us has not sinned? Who among us should not rejoice in God's mercy?

Click the reflection above and you will be able to read it as a webpage.