WEEK OF MAR. 4 - 8, 2024

WE PAUSE TO HONOUR THE LAND ON WHICH WE LIVE, WORK AND LEARN. THIS LAND IS SACRED: IT IS THE LAND OF MANY FIRST NATIONS AND THE METIS; FROM THE LANDS OF THE ANISHINABE TO THE ATTAWANDARON, THE HAUDENOSAUNEE AND THE METIS, WHO LIVED, WORKED AND LEARNED ON THIS LAND AND KEPT A PEACEFUL BALANCE WITH THE LAND AND ITS CREATURES AND INHABITANTS AND CONTINUE TO DO SO.

AS WE BEGIN OUR WEEK, LET US HONOUR THIS LAND, ITS RICH HISTORY, THE MANY FIRST NATIONS AND THE METIS AND COMMIT TO CONTINUE LEARNING HOW TO KEEP A PEACEFUL BALANCE WITH THIS LAND AND WITH ALL THOSE WHO CALL THIS LAND HOME.

> WE ARE ONLY AS HEALTHY AS THIS LAND IS HEALTHY.

WEEK OF MAR. 4 - 8, 2024

IMPORTANT DATES

MARCH = IRISH HERITAGE MONTH MARCH = BANGLADESHI HERITAGE MONTH MARCH =HELLENIC HERITAGE MONTH MARCH = PERSIAN HERITAGE MONTH MAR. 8: INT'L DAY OF WOMEN MAR. 11-15: MARCH BREAK MAR. 15: INT'L DAY TO COMBAT **ISLAMAPHOBIA** MAR. 21: PARENT/TEACHER INTERVIEWS MAR. 21: INT'L DAY FOR THE ELIMINATION **OF RACIAL DISCRIMINATION** MAR. 27: HOLY WEEK PRAYER SERVICES MAR. 29: GOOD FRIDAY MAR. 31: EASTER SUNDAY MAR. 31: INT'L TRANSGENDER DAY OF VISIBILITY **APR. 1: EASTER MONDAY** APR. 8: PD DAY **APR. 9-10: OSSLT APR. 17: ROBOTICS COMPETITION APR. 27: TRIVIA NIGHT!** MAY 1: EASTER/CEW MASSES

UPCOMING

EVENTS



I told my contractor I didn't want carpeted steps.

He gave me a blank stair.



Quote for the week

"SO OFTEN, WE LIMIT HOW PEOPLE CAN LOVE US BECAUSE WE PUT LIMITS ON WHAT LOVE LOOKS LIKE TO US."

-@JAYSHETTY





@goodnews_movement asked: "What's the kindest thing anyone has ever done for you?

Dear neighbor, My name is Emma and I live across the street at 1659. Would it be ok if I shot some hoops on your b-ball hoop after schools some days? Yes X or NO comments: Absolvery Have For.

What's the kindest thing anyone has ever done for you?

A woman in Singapore shared her umbrella with me during a massive downpour. She even walked me to my subway stop though we couldn't chat much because we didn't speak the same language. Yet she had a lovely kindness I won't forget. She was a maid & only got 1 day off a week—she liked to spend at the botanical garden where we were walking through. It really made me appreciate the leisure time I get.



My husband, daughter (who is in a motorized wheelchair and about 11 at that time), my parents and I were at a restaurant for Easter weekend. We were just enjoying our meal and had a few laughs too. When it came time to pay for the meal, the waitress said it was taken care of. We all went silent and looked at each other to see which one of us did it, but the waitress said it was someone in the restaurant. We asked if we could thank them, but she said she wasn't allowed to tell and also to enjoy some dessert! We all were so surprised by the generosity and kindness, that we just sat for a while stunned with our hearts warmed and bellies full Iol. We tried to figure out who it was to thank, but never did. We still talk about it to this day and that was about 5 years ago.

I had moved to a new city and didn't know anyone. I locked everything in my car and had no one to call. A kind stranger gave me the keys to her car (she was working in the office building) and told me to run home for my spare set. She asked for nothing in return and didn't bat an eye when I drove away with her car. She saved me that day and I will never forget her kindness, especially as I embarked on a new journey in a new city alone as a young adult.

I couldn't afford Christmas gifts for my kids. A classmate in my paralegal night school program and I would always walk back to our cars together. A few days before Xmas, she foulls out a HUGE bag of already wrapped gifts and says "this is for your kids so they can have an amazing Xmas." All I could do was cry and thank her profusely. She told me to pay it forward once I'm at a comfortable place in my life. So now every holiday season I participate in sponsoring low income families by buying them gifts through my law firm.

I was right out of college in my first big girl job and I had to park in a garage and walk to where I worked. One day I came out in the middle of winter to a flat tire. It was like 32ish degrees and I had this giant beast of a car my mom gave me. This man who was in maybe his mid 50's comes over and asks if he could help. He went and got his jack out of his truck, laid on the ground in his white khaki pants and suit jacket and proceeded to change my tire in like 10 min flat. He told me after he had a daughter my age and hoped someone would help her if she was in the same situation. Doubt he ever got the grease stains out of those white pants.



Mary Achi

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PRAYER

Your message...

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Our Father in Heaven, You are infinitely forgiving and merciful. Help us to live lives of forgiveness that Your name may be hallowed throughout all the earth. Your name is mercy and so let us share with others the same mercy You show us.

> Our Lady of the Assumption, pray for us!

@msrchaplain 🧿



If you need support, please remember we are here for you:

> Mr. McDougall (Principal) Ms. Davison (VP) Mr. Laurin (VP) Ms. Rerecich (Chaplain) Devin Misener (CYC) Bailey Jones (SW) Guidance Counselors and your teachers

WEEK OF MAR. 4 - 8, 2024

Just a friendly reminder, meeting for DECA after school today in room 212. New members always welcome!

The first tryout for the varsity girls soccer team is this Wednesday immediately after school on the field. Players are reminded they must submit permission forms prior to trying out. See you there.

If you are taking a grade 12 AP course this semester and are interested in writing the AP exam, please come to the music room during period 4 lunch on Monday March 4 for an information session on how to register. If you cannot make it, let Mrs. D'Orsay or Ms. Davison know.

We are reminding Grade 11 & 12 AP students who are writing exams, all payments are due on School Cash Online & registration is required on the AP College Board site this Thursday March 7th. Please see Ms. D'Orsay or Ms. Davison if you have any questions.

There will be a SR BOYS soccer tryout today after school—come dressed ready to play! Make sure forms are submitted to the coaches beforehand.

Junior boys soccer will practice today after school on the field. Come dressed ready to play and make sure your forms are in to the coaches. See you on the field after school!

Applications are now ready for any graduating student who wold like to be considered for the position of Valedictorian of the graduating class of 2024! If you are a confident public speaker adn would like to represent your fellow graduates at the ceremony in June, you can pick up an application outside workroom 210A. Applications are due NO LATER than APRIL 5, 2024.



ATTENTION PLEASE

CHECK THE PHYS. ED. BULLETIN BOARD FOR YOUR TEAM UPDATES AND TRYOUT INFORMATION!

WEEK OF MAR 4 - 8., 2024



Student Council meets in rm 206

DECA meets in rm 210.

Best Buddies --please check the google classroom!

> Chess Club in rm 304

Model UN in rm 306

Bangladeshi Heritage Month



Rosary Group in the Chapel per. 2

Peer Tutoring on lunches

Crochet Club in rm 109 on 3rd lunch

Concert Band in the music room

> SR. Reach, rm 224



Wednesday

Wellness Wednesday in the Piazza over lunches

Math Madness: before school (rm 302); after school (rm 304).

Student Athletic Council in rm 118

"Assumption Reads" Book Club, in rm 222 -meets Mar. 6

Construction Club, rm 106

> Debate Club, rm 206

Black Student Association rm 107

Robotics - rm 223

Intermediate Reach, rm 224

Chaplaincy Club, - Check the google classroom.



Peer Tutoring on lunches

Art Club in rm 108!

Dungeons and Dragons rm 209B

Assumption & the World, rm 107



Rock Band in the music room

Sr. Reach, rm 224

HAVE A GOOD WEEK!

NURTURING OUR FAITH CLICK THE ITEM AND IT WILL TAKE YOU TO THE SITE.





Lent Reflection:

by Tim Will

My mother became a widow four months before I was born, so my ears perk up anytime the gospels make mention of widows, orphans, or other socially disadvantaged groups from Jesus' time.

On those days, I stand a little taller in the pew, lean a little closer in the direction of the ambo, and hug my wife and children an extra second longer during the Sign of Peace. But even with a heightened awareness of the words from today's Scripture, I still find myself left with more questions than answers.

Why was Elijah only sent to the widow in Zarephath when there were "many widows in Israel"? Why wouldn't the Lord visit all of the widows or at least more than one? Were they not all equally suffering? Furthermore, why point out that only a Gentile was chosen?

I feel myself begin to follow in the footsteps of the Nazarenes—my initial curiosity swiftly turning into anger at the perceived injustice. But getting angry solves nothing and would just cause me to miss the point. As with so many other events in our lives, this gospel provides an opportunity to change our perspective—to choose to see Elijah's visit to the widow from a different point of view.

Instead of dwelling on how much more could have been done for the other widows, I can choose to recognize a loving Heavenly Father who makes a point to encounter all of us in subtle, quiet ways every day throughout our lives—not just in the miraculous moments.

As we begin this new work week, let us take an extra moment to check that our perspectives come from a place of gratitude so that we may be more open to the ways Jesus is seeking to encounter us today.