

CRUSADER CHAPLAIN CHATTER

WEEK OF APR. 29 - MAY 3, 2024

WE PAUSE TO HONOUR THE LAND
ON WHICH WE LIVE, WORK AND LEARN.

THIS LAND IS SACRED:
IT IS THE LAND OF MANY FIRST NATIONS
AND THE METIS;
FROM THE LANDS OF THE ANISHINABE
TO THE ATTAWANDARON,
THE HAUDENOSAUNEE AND THE METIS,
WHO LIVED, WORKED AND LEARNED
ON THIS LAND
AND KEPT A PEACEFUL BALANCE
WITH THE LAND
AND ITS CREATURES AND INHABITANTS
AND CONTINUE TO DO SO.

AS WE BEGIN OUR WEEK,
LET US HONOUR THIS LAND, ITS RICH HISTORY,
THE MANY FIRST NATIONS AND THE METIS
AND COMMIT TO CONTINUE LEARNING
HOW TO KEEP A PEACEFUL BALANCE
WITH THIS LAND AND WITH ALL THOSE
WHO CALL THIS LAND HOME.

WE ARE ONLY AS HEALTHY
AS THIS LAND IS HEALTHY.

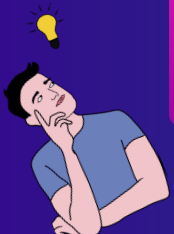
CRUSADER CHAPLAIN CHATTER

WEEK OF APR. 29 - MAY 3, 2024

IMPORTANT DATES

APRIL = SIKH HERITAGE MONTH
APRIL = GENOCIDE REMEMBRANCE,
CONDEMNATION AND PREVENTION MONTH
MAY = ASIAN HERITAGE MONTH
MAY = CANADIAN JEWISH HERITAGE
MONTH
APR. 29-MAY 1: SOMA
MAY 2: DECA BUSINESS OLYMPICS
(FAMILY OF SCHOOLS)
MAY 3: SPRING TEAM PHOTO DAY
MAY 6-10: CATHOLIC EDUCATION WEEK
MAY 6-17: AP EXAMS
MAY 17: INT'L DAY AGAINST HOMOPHOBIA,
TRANSPHOBIA, & BIPHOBIA
MAY 20: VICTORIA DAY HOLIDAY
MAY 22: ARTS NIGHT
MAY 23: RELAY 4 LIFE
MAY 29: RED SHIRT DAY
MAY 29: BATTLE OF THE BANDS
MAY 30: GRADE 8 BBQ
MAY 31: GRAD DINNER/DANCE
JUNE 5: CLOSING MASSES
JUNE 6: LIFE SKILLS TRACK MEET
JUNE 6: ATHELETIC BANQUET
JUNE 7: CARNIVAL DAY ON LUNCHES

UPCOMING
EVENTS



DAD JOKE OF THE WEEK

The word “queue” is ironic.

It’s just a “q” with a bunch of
silent letters waiting in a line.



Quote for the week

**“COMMUNICATING IS ONE
THING, BUT YOUR TONE
WHILE COMMUNICATING IS
EVERYTHING.”**

-@JAYSHETTY



**For More
Information**

**@assumptioncrusader
gobluego.ca**



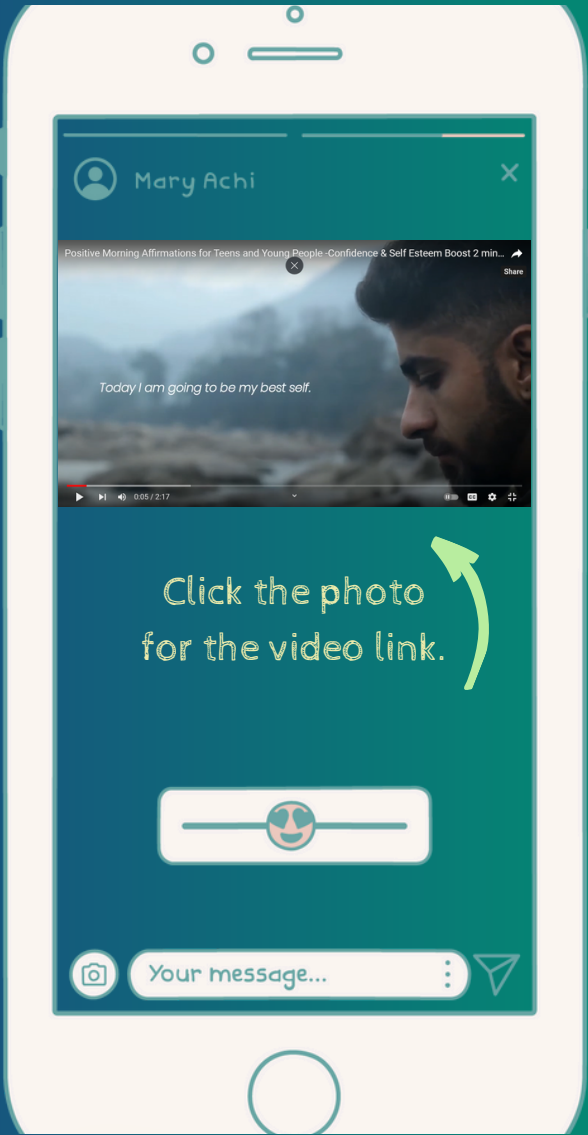
Combating Mental Illness—with Owls

Wales |

Jaylo Miles has endured abusive foster homes, several years of homelessness, and drug addiction, all of which left him with complex post-traumatic stress disorder. In the last few years, however, the 39-year-old Cardiff resident has helped himself by helping others, embarking on several charitable and social media initiatives—singing competitions, long-distance bike rides—to raise awareness of mental health and suicide.

He hasn't done it alone, of course; Miles has a supportive partner, three kids and a pair of British barn owls named Oscar and Louie. Miles rescued the two birds and, over time, they became his unlikely support animals. The two owls, which are brothers, have very different personalities, which Miles has come to see as reflecting his own divided self: the way Oscar is fiercely protective, while Louie is a calm, loving, "cheeky chappy." "I firmly believe I didn't choose the boys," Miles says. "They chose me."

Over the years that Miles has had the owls (Oscar is four, Louie two), they've become local celebrities in their own right, accompanying Miles on visits to nursing homes and schools, where he gives talks, and even on a hike up Pen y Fan, the highest mountain in southern Britain. "Sometimes just being able to see the owls can bring comfort to somebody's day," Miles says. —By Jason McBride



PRAYER



God, you are nearer to me than I dare believe, closer than my own breath. I am blessed by your friendship. Many countries are at this moment suffering the agonies of war. I pray for all prisoners, captives, and those caught in the middle of war and oppression. May those who have the power to stop the fighting, do so, and may all hearts be given your grace to forgive, reconcile and restore our world so all can live in harmony.

Our Lady of the Assumption, pray for us!



If you need support, please remember we are here for you:

- Mr. McDougall (Principal)*
- Ms. Davison (VP)*
- Mr. Laurin (VP)*
- Ms. Rerecich (Chaplain)*
- Devin Misener (CYC)*
- Bailey Jones (SW)*
- Guidance Counselors*
- and your teachers*

 [@msrchaplain](#) 

CRUSADER CHAPLAIN CHATTER

WEEK OF APR. 29 - MAY 3, 2024

All students participating in Arts Night are asked to check the headshot schedule posted outside the drama room. The photos will be taken Wednesday for only a limited time, so you need to know your specific time slot.

Flag football intramural this Friday May 3rd! Sign up in the cafe on your lunch. All forms must be in by Wednesday end of lunch. See the Instagram post for more details!

AP Exams start next week! All AP Exam writers must attend a mandatory meeting TODAY, Tues Apr 30 @ 12pm in the library with Mrs. Davison. Please check your email and/or the TV outside the office for the full schedule. Good luck to everyone writing!

Attention tennis players: Tryouts continue TODAY at Optimist Park in Burlington from three till 4 PM. You must have a signed permission form in order to participate, no exceptions. If you intend to be on the team, you need to show up to tryouts.

Would any football player who has interest in playing football next year please come and see Mr. Worobec to choose their number for next season.

Attention Spectrum GSA members and students who identify outside the binary distinctions—There is a trip coming up on Friday, May 10 where the GSA groups from Notre Dame, Corpus and Assumption will get together. See Ms. R. this week for permission forms and details!

On May 9th, students from around the area will gather to hear Mrs. Natalie Sonnen, part of the faculty of the Healing the Culture Ministry. Her presentation, titled Healing the Culture, will promote a culture of life, happiness, and virtue for each person based on the ten universal principles of reason and natural law. If you are interested in going, please see Ms. R. or Ms. Adolphe this week for permission forms and details!

All grade 12 students who have turned 18 and have not completed the Adult Consent Form please come to Student Services, with your teacher's permission.

Attention all HOSA members! The SLC is less than 3 weeks away! Please fill out the transportation forms that will be sent to you later today on your gobluego emails. There will be a mandatory meeting this Thursday, room to be decided.



**ATTENTION
PLEASE!**



CRUSADER CHAPLAIN CHATTER

WEEK OF APR. 29 - MAY 3, 2024

MONDAY

Student Council meets in rm 214

DECA meets in rm 210.

Best Buddies --please check the google classroom!

Chess Club in rm 304

Model UN in rm 306

TUESDAY

Rosary Group in the Chapel per. 2

Peer Tutoring on lunches

Crochet Club in rm 109 on 3rd lunch

Concert Band in the music room

SR. Reach, rm 224

Latin American Club rm 107

Wednesday

Wellness Wednesday in the Piazza over lunches

Math Madness: before school (rm 302); after school (rm 304).

Student Athletic Council in rm 118

"Assumption Reads" Book Club, in rm 222 -every other week

Construction Club, rm 106

Debate Club, rm 206

Black Student Association - rm 107

Robotics - rm 223

Intermediate Reach, rm 224

Chaplaincy Club, - Check the google classroom.

THURSDAY

Peer Tutoring on lunches

Art Club in rm 108!

Dungeons and Dragons - rm 209B

Assumption & the World, rm 107



Friday

Rock Band in the music room

Sr. Reach, rm 224

MAY = ARMENIAN HERITAGE MONTH
MAY = ASIAN HERITAGE MONTH
MAY = DUTCH HERITAGE MONTH
MAY = JEWISH HERITAGE MONTH
MAY = POLISH HERITAGE MONTH
MAY = SOUTH ASIAN HERITAGE MONTH
MAY 12-18 = TAMIL GENOCIDE EDUCATION WEEK
MAY 21 = ONTARIO FLAG DAY

NURTURING OUR FAITH

CLICK THE ITEM AND IT WILL TAKE YOU TO THE SITE/ARTICLE.

bustedhalo
#DAILYJOLT
APRIL 27, 2024

Real Christian love is founded on commitment to a more just society and action to bring it about.

-- FR. GUSTAVO GUTIERREZ

TODAY'S #MICROCHALLENGE
TODAY, LEARN ABOUT ONE SOCIAL INJUSTICE HAPPENING IN YOUR COMMUNITY.

Two Ears and One Mouth: Why We Should Listen More Than We Talk

BY ELIZABETH MANNEH FEBRUARY 3, 2023

A photograph showing two people sitting on a bench outdoors. They are silhouetted against a bright sunset sky. A large tree is on the right side of the frame, and the ground appears to be a grassy area.

When we're in trouble or suffering, having someone truly listen to us, even if they can't offer a solution, can be a great comfort. But being a good listener isn't as easy as it sounds. I clearly remember attending a training course where the instructor asked us to share a little about ourselves with the person sitting next to us. She then asked me to share what my partner had told me. Silence. I'd been so busy thinking about what I was saying that I hardly remembered what my partner had said, and I wasn't alone!

Easter Reflection (5th Week of Easter)

By Cory Brost, CSV

Let me tell you about a high school junior who quit football because he lacked confidence and didn't have friends on the team. He later regretted it. But it was too hard for him, with all his self-doubts, to practice each day.

Confidence and friendship. Both can be tough to find. Many teenagers struggle to connect with peers who will accept them as they are. Many also struggle to be confident in who they are.

This week's Gospel hits home on both points. (see John 15:1-8 -- where Jesus talks about being the vine and we are the branches.)

Even though all of us -- teenagers and adults alike -- can feel alone and insecure, it reminds us that in some mystical but real way, we are always connected to Jesus/God. And through that connection, we can discover and develop our talents for changing the world. We also can use that connection to call for help when we feel disconnected and lonely.

Let me tell you about another student. He was a shy, insecure kid. But during high school, he connected with his faith through service trips and retreats. Through them he became a confident leader, well respected by his classmates, with strong friendships.

You're a teenager. You'll probably struggle with confidence and loneliness. But during those times, reread this passage. and remember, you're connected to the Savior of the world. Like any relationship, the more you hang out with Jesus, the stronger the connection becomes. So hang out with Christ and God by involving yourself in worship services, religion class, prayer, and friendships with other Catholics, Christians and people of faith. You'll feel the connection growing. And the more you strengthen that connection, the easier it will be to find the friends and the confidence you've hoped for.

Faith in Action: Who do you know at school or in your Church that is lonely? Our God wants them connected to friendship. What could you do to ease their loneliness?