WEEK OF MAY 21 - 24, 2024

WE PAUSE TO HONOUR THE LAND ON WHICH WE LIVE, WORK AND LEARN. THIS LAND IS SACRED: IT IS THE LAND OF MANY FIRST NATIONS AND THE METIS; FROM THE LANDS OF THE ANISHINABE TO THE ATTAWANDARON, THE HAUDENOSAUNEE AND THE METIS, WHO LIVED, WORKED AND LEARNED ON THIS LAND AND KEPT A PEACEFUL BALANCE WITH THE LAND AND ITS CREATURES AND INHABITANTS AND CONTINUE TO DO SO.

AS WE BEGIN OUR WEEK, LET US HONOUR THIS LAND, ITS RICH HISTORY, THE MANY FIRST NATIONS AND THE METIS AND COMMIT TO CONTINUE LEARNING HOW TO KEEP A PEACEFUL BALANCE WITH THIS LAND AND WITH ALL THOSE WHO CALL THIS LAND HOME.

> WE ARE ONLY AS HEALTHY AS THIS LAND IS HEALTHY.

WEEK OF MAY 21 - 24, 2024

IMPORTANT DATES

MAY = ARMENIAN HERITAGE MONTH MAY = ASIAN HERITAGE MONTH MAY = DUTCH HERITAGE MONTH MAY = JEWISH HERITAGE MONTH MAY = POLISH HERITAGE MONTH MAY = SOUTH ASIAN HERITAGE MONTH MAY 21: ONTARIO FLAG DAY MAY 23: RELAY 4 LIFE MAY 29: RED SHIRT DAY MAY 29: BATTLE OF THE BANDS MAY 30: GRADE 8 BBQ MAY 31: GRAD DINNER/DANCE JUNE 5: CLOSING MASSES JUNE 6: LIFE SKILLS TRACK MEET **JUNE 6: ATHELETIC BANQUET** JUNE 7: CARNIVAL DAY ON LUNCHES JUNE 17-20: GRADE 12 EXAMS JUNE 20-26: REGULAR EXAM TIME JUNE 27: EXAM REVIEW DAY **JUNE 27: GRADUATION** JUNE 28: PD DAY



"Cause a little bit of summer is what the whole year is about" — John Mayer

UPCOMING

EVENTS



How do you have a party in space?

You planet.



Quote for the week

"I PAY ATTENTION TO ACTIONS, NOT WORDS. I HEARD WHAT YOU SAID, BUT I SEE HOW YOU ACT."

-@JAYSHETTY

For More Information @assumptioncrusader gobluego.ca



The Dog Café That Brought a Neighbourhood Together

Canada |

In this dog-eat-dog world, where's a weary pooch supposed to go for a break?

If you live near Toronto's High Park, you might stop at the free snack bar for pups that Kaya Kristina set up on her front lawn. Kristina started off small—a few years ago, she began putting out bowls of water for tired, thirsty dogs on their way home after a romp in the park.

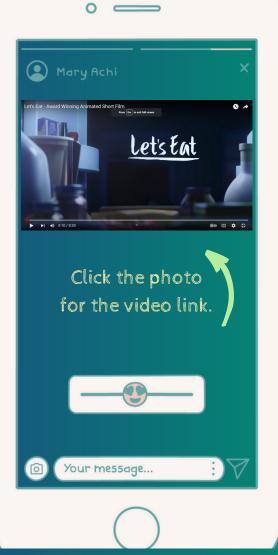
When the pandemic hit and Kristina was cut off from friends and family, she expanded her front yard's offerings to include dog biscuits, beef liver bites, dried chicken tenders and even a stick "library."

Now christened StarPups—complete with its own Instagram account, <u>The Pups of High Park</u>—Kristina's yard has become a popular community hub, as beloved by human residents as canines. —By Jason McBride



If you need support, please remember we are here for you:

> Mr. McDougall (Principal) Ms. Davison (VP) Mr. Laurin (VP) Ms. Rerecich (Chaplain) Devin Misener (CYC) Bailey Jones (SW) Guidance Counselors and your teachers



PRAYER



Loving God, You are patient with us, and love us in all our moments, good and bad. Help us be patient and kind with each other. It is difficult sometimes to get along with our classmates or teachers, or friends, our brothers and sisters at home, and our parents. Help us not to react in anger or let out our frustrations with them. Help each of us be kind and loving in our actions and words. Let us be those kind of people who make a compassionate difference wherever we are.

> Our Lady of the Assumption, pray for us!

@msrchaplain



WEEK OF MAY 21 - 24, 2024

In this world where we can be anything, be humble and kind.

There will be a mandatory practice for all members of the senior tennis team on Wednesday, May 22 at 3 PM at Optimus Park. Players are also asked to visit cash online to make payment for their event on Thursday.

Attention ALL Graduates - if you have taken 5 business courses you are eligible for the Business Certificate! All you have to do is print off your transcript, highlight your business courses, and give it to any business teacher. Deadline is June 7th.

For those who purchased a buyout and are going to support the Girls Rugby team stay tuned to announcements. You are to remain in your period 1 class until you are called down to leave. It's going to be a great show down of skill and grit! Go blue go!

Attention all students who are interested in participating in the HCDSB Student Senate for the 2024 - 2025 school year, see Ms. Davison or Ms. R. for the details and for the application link. Applications close THIS Friday, May 24th , at 2:30 p.m.

Our summer food drive to "Fill a bus" with food donations closes this Friday. Food banks really struggle this time of year, between Easter and Thanksgiving. Let's help stock their shelves so they can help sustain families through the summer months. Drop off donations in the big grey container outside the main office. Non-perishables are accepted until this Friday, May 24th!

Mark your calendars for Battle of the Bands! Happening on Wed. May 29th @ Assumption's small gym! Assumption, STA and CtK will be battling it out on the stage! Admission is \$5 on School Cash Online. It's going to be quite the show! See you there!

Check the TV outside of Phys. Ed. for all updates and information regarding sports and athletic news!







WEEK OF MAY 21 - 24, 2024



Student Council meets in rm 214

DECA meets in rm 210.

Best Buddies --please check the google classroom!

> Chess Club in rm 304

Model UN in rm 306

TUESDAY

Rosary Group in the Chapel per. 2

Peer Tutoring on lunches

Crochet Club in rm 109 on 3rd lunch

Concert Band in the music room

SR. Reach, rm 224 Latin American Club rm 107

Wednesday

Wellness Wednesday in the Piazza over lunches

Math Madness: before school (rm 302); after school (rm 304).

Student Athletic Council in rm 118

"Assumption Reads" Book Club, in rm 222 -every other week

Construction Club, rm 106

> Debate Club, rm 206

Black Student Association rm 107

Robotics - rm 223

Intermediate Reach, rm 224

Gardening Club - rm 210 THURSDAY

Peer Tutoring on lunches

Art Club in rm 108!

Dungeons and Dragons rm 209B

Assumption & the World, rm 107

RELAY 4 LIFE! @ ASSUMPTION RELAY



Rock Band in the music room

> Sr. Reach, rm 224

NURTURING OUR FAITH CLICK THE ITEM AND IT WILL TAKE YOU TO THE SITE/ARTICLE.

bustedhalo #DAILYJOLT MAY 20 2024

Is prayer your steering wheel or your spare tire?

-- CORRIE TEN BOOM, WRITER

TODAY'S #MICROCHALLENGE TODAY, INCORPORATE PRAYER INTO YOUR DAILY ACTIVITIES, LIKE CLEANING THE HOUSE OR WORKING OUT.

'GOD IS SPEAKING' Christian short film		0 /
	Press Esc to exit full screen	
	Godis	
	God is speaking	



Pentecost Sunday

By Corey Brost. CSV

When I think of the Holy Spirit, I think of Bill's death.

Bill was a teen in our parish youth group when he died tragically. His death shook me up so much that I wasn't sure I could minister to his friends and family. So I prayed for God to help me help them.

After prayer, I remembered that a good friend, a priest, was in town visiting. So I tracked him down. We went for a walk. We talked about Bill's death. I cried some. We prayed.

Later, I drove to the funeral home, knowing God needed me to be there for Bill's family and friends. As I pulled into the parking lot, a calm feeling spread through me. I went into the wake confident that I could bring some of God's peace with me to share. The Holy Spirit was with me. I connected with the Spirit by praying for strength to do God's will and by following the inspiration to connect with my friend.

The Holy Spirit is alive in our Church and in our world. The Spirit directs us when we seek guidance. The Spirit calms us when we face a crisis. The Spirit strengthens us to be peace amid the world's pain. In this week's Gospel, Jesus gives that Spirit to his first followers. And we are promised that where two or three are gathered in Jesus' name, the Spirit is with them. The Spirit continually seeks to bring us together to guide us, strengthen us, and send us. You have encountered this Spirit. Take time this week to reflect on those times when you were tempted to slide into selfishness, or despair, *but instead* acted out of kindness or sought community--that was the Spirit leading you.

Take a Stand:

Take some time this week to lean into prayer, and when faced with the temptation to be selfish, proud, egotistical, greedy--ask the Holy Spirit to guide you towards kindness, humility, community, generosity, and support from others.