



*"Faith is not a 'lullaby' that lulls us to sleep, but rather a living flame to keep us wakeful and active."
(Pope Francis)*

"Being Christian is not the result of an ethical choice or a lofty idea, but the encounter with an event, a person, which gives life a new horizon and a decisive direction."
(Pope Benedict)

FAITH

*"Is my faith a matter of calculations, formalism, or a love story with God? Am I content with not doing harm, of keeping the 'facade' in good order, or do I try to grow in love for God and others?"
(Pope Francis)*

"To have faith is to trust yourself to the water. When you swim you don't grab hold of the water, because if you do you will sink and drown. Instead you relax, and float."
(Alan Watts)

What does faith mean to you?

How has your understanding of faith changed throughout your life?

Who are/were the people in your life who have helped you grow in faith?

Where do you feel most comfortable talking about and sharing your faith with others?