



“The one who has hope lives differently.” (Pope Benedict)

To truly live with joy in this world, we need the theological virtue of hope. Hope is rooted deeply in our faith as it is a relationship of trust in God. As we are a faith community, let us reflect on how our actions and words reflect who we are as people of hope.



Lord, help me to live this day, quietly, easily. To lean upon Your great strength, trustfully, restfully. To wait for the unfolding of Your will, patiently, serenely. To meet others, peacefully, joyously. To face tomorrow, confidently, courageously. (St. Francis of Assisi)

**Pope Francis says “we must not flee from the world.”
What do you think he means by that?**

We are encouraged to “not let ourselves be infected by indifference and individualism”. Why? Is this difficult to live in our everyday lives?

**Every day we make hundreds of choices:
how can we intentionally orient our lives towards hope?**

“They say a person needs just three things to be truly happy in this world: someone to love, something to do, and something to hope for.” (Tom Bodett)