



*"Joy is the infallible sign of the presence of God."
(Pierre Teilhard de Chardin, SJ)*

**"If you have no joy,
there's a leak
somewhere in your
Christianity." (Billy
Sunday)**

JOY

**"THE JOY WE FEEL HAS
LITTLE TO DO WITH THE
CIRCUMSTANCES OF OUR
LIVES AND EVERYTHING
TO DO WITH THE FOCUS
OF OUR LIVES."
(RUSSELL M. NELSON)**

**"When our lives are
filled with peace, faith
and joy, people will
want to know what we
have."
(Dr. David Jeremiah)**



*"Joy is the serious
business of Heaven."
(C. S. Lewis)"*

**It has been said that we have access to a lot of pleasure in our lives (social media, eating, adrenaline rushes, sports, etc.)
but that we lack joy. What is the difference between pleasure and joy?**

**Why does Teilhard de Chardin say "joy is the infallible sign of the presence of God"?
What does joy have to do with God?**

Why is joy a virtue that is difficult to cultivate in our culture?

What does a person need in order to experience joy?

How can we help each other to live in joy?