

# CRUSADER CHAPLAIN CHATTER

WEEK OF FEBRUARY 23 - 27, 2026

## IMPORTANT DATES

FEBRUARY IS BLACK HISTORY MONTH!  
FEB. 2: FIRST DAY OF SECOND SEMESTER  
FEB. 2: GROUNDHOG DAY  
FEB. 5: BSA--BLACK GIRL MENTAL HEALTH  
(PER. 3 AND 4--QR CODE TO REGISTER)  
FEB. 6: GRADE ASSEMBLY - VIRTUAL  
FEB. 9 - 20: GRAD PHOTOS!  
FEB. 12: CANDY GRAMS DELIVERIES  
FEB. 12: SEMI-FORMAL  
FEB. 13: PD DAY  
FEB. 15: NATIONAL FLAG OF CANADA DAY  
FEB. 16: FAMILY DAY HOLIDAY  
FEB. 17: PANCAKE TUESDAY/SHROVE TUESDAY  
FEB. 18: ASH WEDNESDAY / LENT BEGINS  
FEB. 18: RAMADAN BEGINS  
FEB. 19: PHOTO DAY--MOVED TO MAR. 4TH  
FEB. 19: BSA MOVIE EVENT (QR CODE TO REGISTER)  
FEB. 21: INTERNATIONAL MOTHER LANGUAGE DAY  
FEB. 25: TEAM PHOTO DAY  
FEB. 25: TOUCH OF PINK DAY  
FEB. 26: BSA - BLACK HAIR CARE EVENT (QR CODE TO REGISTER)  
MAR. 4: PHOTO DAY  
MAR. 13: LAST DAY BEFORE MARCH BREAK  
MAR. 16-20: MARCH BREAK!  
MAR. 26: PARENT / TEACHER INTERVIEWS  
APR. 2: HOLY THURSDAY SERVICES



*We pause to honour the land on which we live, work and learn.*

*This land is sacred:  
it is the land of many First Nations and the Metis;  
From the lands of the Anishinabe to the Attawandaron,  
The Haudenosaunee and the Metis, who lived, worked and learned on this land and kept a peaceful balance with the land and its creatures and inhabitants and continue to do so.*

*As we begin our week,  
Let us honour this land, its rich history, the many First Nations and the Metis and commit to continue learning how to keep a peaceful balance with this land and with all those who call this land home.*

*We are only as healthy as our relationship with this land and with our commitment to truth and reconciliation.*





# 158 Giant Endangered Tortoises Released on Galápagos Island Where They'd Been Extinct for 180 Years

For the first time in over 180 years, a giant tortoise population is once again walking the landscapes of Floreana Island—launching the largest restoration effort ever undertaken on the Galápagos islands.

158 juvenile giant tortoises of Floreana lineage were released this week into their ancestral habitat, marking a historic milestone for the archipelago. Driven to extinction in the mid-1800s, the Floreana giant tortoise (*Chelonoidis niger niger*) had been absent from the island for generations. Its return signals the beginning of a new phase of rewilding under the Floreana Ecological Restoration Project.

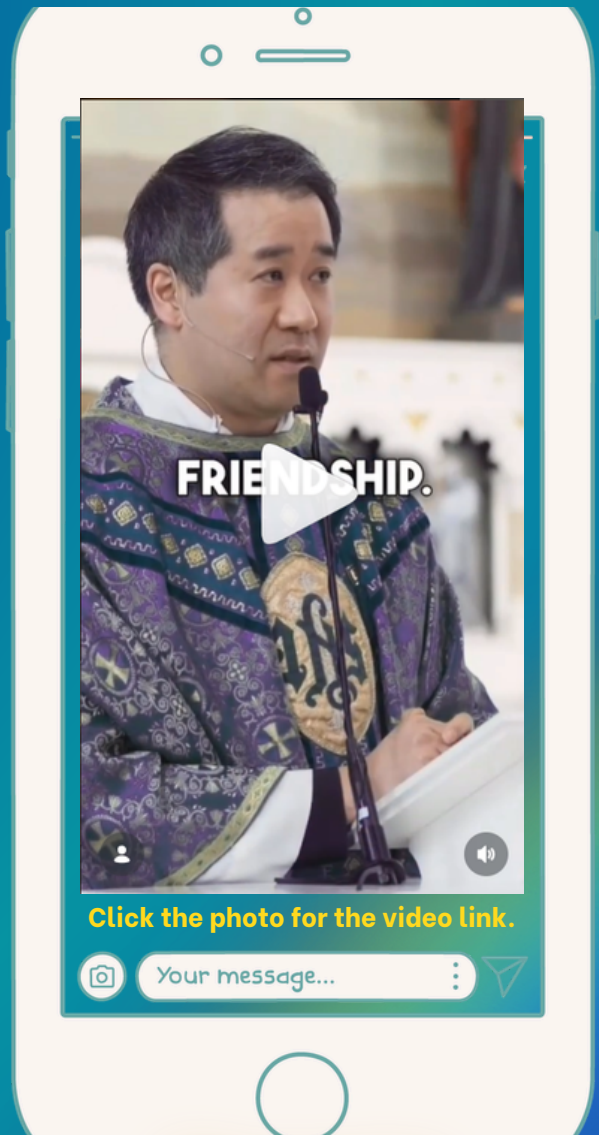
“The Project represents one of the greatest challenges undertaken by the Galápagos National Park,” said Lorena Sánchez, the park’s director.

“After years of sustained, science-based work—requiring rigorous studies and patience—the return of the giant tortoises reflects a long-term restoration vision focused on restoring the ecological functionality of Floreana’s ecosystems.”

The Floreana community of approximately 160 residents has been deeply involved in achieving this milestone, from participating in planning workshops to supporting long-term ecological monitoring. “For generations, Floreana existed without its giant tortoises,” said Verónica Mora, the community’s representative. “Their return shows what is possible when a community leads and many partners come together with a shared purpose. Our livelihoods, from tourism to agriculture and fishing, depend on the health of this island.”



Click the photo for the link to the article.



Click the photo for the video link.

Your message...

## PRAYER

Lord,  
You are the source  
of all compassion and peace,  
Help me to be compassionate like you.  
Help me to refrain from judging others, and  
may I always seek  
to find the good in others.  
Gentle Healer,  
You came to bind up our wounds,  
to take our brokenness and make us whole.  
Give me an open heart and mind  
and lots of courage  
to be an instrument of healing  
for those I encounter in my day today.  
Help me be for others an influence of  
forgiveness, mercy and your friendship.

Our Lady of the Assumption,  
pray for us!

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*"Preach the gospel at all times; use words when necessary."*

This Wednesday, February 25 is team photo day for all fall and winter athletes. All fall and winter athletes must bring back any outstanding team uniforms for the photo shoot.

All those students in grades 9, 10 and 11, who signed up to write the math contest, it is this Wednesday in the library. Please be there before the announcements.

Just a reminder that there is an important Latin American Club meeting in room 202 on Wednesday, February 25. Please see the calendar posted on the door in room 202 for future dates of our meetings. Gracias

Bonjour Assumption! Any student who is enrolled in a in Grade 10, 11, or 12 French (from either Semester 1 or Semester 2) can attend the French cultural trip on Friday April 10th. The trip is now available on school cash online. Please pay as soon as possible to secure your spot. Once you have paid, please see one of the French teachers to hand in your permission forms. It only costs \$14! Hurry and get those forms in! There are limited spaces and it will sell out quickly! Please see member of the French department for more details. Merci!

For all boys interested in trying out for the senior boys soccer team there will be a tryout this Thursday, February 26th at Sherwood Forest Park Domes. Paying your cash online fee secures your spot to participate at the tryout. Please see Mr. Capobianco, Mr. Giannotti, or Mr. Confente for more details.

Attention: Junior Boys Soccer. Thank you to everyone who came out to the tryouts; the effort was great to see. Following those sessions, a cut list will be posted outside the Main Gym by the end of the day. Please ensure you check the list before the end of the day. Those whose names are posted will be invited to the tournament tomorrow at St. FX. If you have any questions, please see Ms. Clark, Ms. Montesi or Mr. Confente.

Senior and Junior Badminton Tryouts this week, on Wednesday, February 25th and Thursday, February 26th. You must have a completed and signed permission form to participate.

Popcorn will be available on all lunches tomorrow, Wednesday and Thursday. If you have already purchased your popcorn card, stop by the table in the atrium on your lunch to pick up your card and popcorn. Don't have a card yet? Head to school-cash-online to purchase your popcorn card today. \$10 / card!

Photo day for those who missed last semester's photo day or are new to our school this semester will be Wed. Mar. 4<sup>th</sup>! Come dressed in full uniform looking your best. Say cheese!

Tomorrow is Anti-bullying Day throughout Canada. We are invited to wear a touch of pink!

**See the the TV / bulletin board outside of Phys. Ed. for all updates regarding sports and practices.**

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## Quote for the week

MOTIVATION

LOADING...

Maturity isn't a product of growing older. It's a product of growing wiser.

Ann Landers

## Dad Joke of the Week



Dad Jokes

@Dadsaysjokes

EVERY TIME I visit a website, I click Accept Cookies.

I have yet to receive a single cookie and I'm getting sick and tired of the lies.



If you need support, please remember we are here for you:

Mr. Brophy (Principal)

Ms. Fraser (VP)

Mr. Ilcyszyn (VP)

Ms. Rerecich (Chaplain)

Devin Misener (CYC)

Bailey Jones (SW)

Guidance Counselors

and your teachers

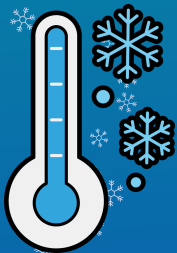


For More Information

@assumptioncssofficial  
gobluego.ca



## WEATHER REPORT FOR THE WEEK



Today	☁	-10°	—	0°
Tue	❄ 65%	-13°	—	-3°
Wed	❄ 80%	-5°	—	0°
Thu	☁	-7°	—	-2°
Fri	☀	-9°	—	3°
Sat	☁☀	-4°	—	5°
Sun	☁☀	-8°	—	-4°

from the iPhone weather app

# CRUSADER CHAPLAIN CHATTER

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## MONDAY

Student Council  
in rm 214

Chess Club, rm 304

Senior Reach,  
rm 224

**8:10**

Be in class  
by  
8:10 a.m.

## TUESDAY

Rosary Group in  
the Chapel per. 2

Concert Band in  
the music room

Debate Club,  
rm 202



## WEDNESDAY

Wellness Wednesday  
in Piazza over lunches  
DECA, library.

Intermediate Reach,  
rm 224

Math Madness,  
rm 305

HOSA, rm 217

Latin American Club,  
rm 202

French Club, rm 204

Spectrum GSA,  
during lunches--see  
Ms. R. & Ms.  
Ventura  
for locations!



## THURSDAY

Dungeons &  
Dragons,  
rm 209B

BSA, rm 110

Senior Reach,  
rm 224

Dance team,  
stage/small gym

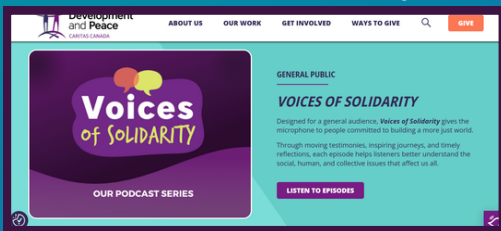
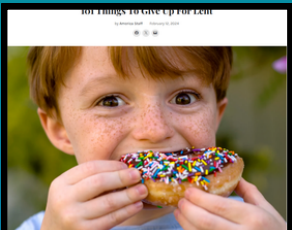
Art Club, rm 108

South Asian Club,  
rm 222



## PLUG IN TO YOUR FAITH

Click the item and it will take you to the site/article.



What is the  
universal donor  
blood type?



First person to see  
Ms. R. with the correct  
answer will receive a prize!

Answer to last week's trivia: Pretzels

“Whatever you do to the least of these, you do to me.” Matt. 25.40

# some thoughts by ms. r.

*“When you are praying, do not heap up empty phrases as the gentiles do, for they think that they will be heard because of their many words. Do not be like them, for your Father knows what you need before you ask him.*

*“Pray, then, in this way:  
Our Father in heaven,  
may your name be revered as holy.  
May your kingdom come.*

*May your will be done  
on earth as it is in heaven.  
Give us today our daily bread.  
And forgive us our debts,  
as we also have forgiven our debtors.  
And do not bring us to the time of trial,  
but rescue us from the evil one.*

*“For if you forgive others their trespasses, your heavenly Father will also forgive you, but if you do not forgive others, neither will your Father forgive your trespasses.*



Click the photo and it will take you to the site.

In this passage from today’s gospel reading, Jesus is teaching his disciples how to pray. They see him in prayer all the time, often going into the desert or places to be alone to focus on his connection with God. Then they see him do what he does: healing the sick, teaching the crowds, silencing the leaders with his wisdom, and doing it all with this quiet, solid confidence. They are hungry for this confidence. And so they ask him how to pray. And Jesus gives us the “Our Father” prayer. It’s a powerful prayer when we take time to dive deeper into its meaning.

The line that gets me is: “forgive us our debts, as we also have forgiven our debtors.” Jesus reinforces this when he says, “For if you forgive others their trespasses, your heavenly Father will also forgive you; but if you do not forgive others, neither will your Father forgive your trespasses.” Ouch!

The lesson here is this: the more we spend time in prayer with God, who is the source of all that helps us be better humans, the more able we will be to be forgiving. The more we experience God’s grace, friendship and forgiveness, the easier it will be to show mercy to those in our life.

As I write this, I’m thinking of the show “Ted Lasso.” He would tell his athletes to be a gold fish, essentially to forget the hurts and keep on focusing on the skills needed to be the best soccer player and the best human on and off the field. He was also very forgiving, towards Coach Beard (which we learn in the second last episode of the 3<sup>rd</sup> season) and towards Rebecca when she told him the ways she undermined him to bring the team to ruin. I know Ted Lasso is just a character in a show, however, that level of forgiveness is what we are called to show. It’s not easy. God didn’t say it would be easy. God promised to be with us always. And that makes it possible.

To help us, we have resources to turn to during these holy days of Lent to cultivate our holiness and be the people God has called us to be. Here are a few of them. Just click the photo and it will take you to their respective sites. Blessings to you this Lent.

(If you are doing any of these, please let me know and we can support each other!)



Click the photos and it will take you to the site.



Here are some resources for Muslims to help their Ramadan fasting! Click the photo and it will take you to the resource.



# Poet's Corner

## Guidance by Joyce Rupp

*Prayers to Sophia: A Companion to "The Star in My Heart", 2004. p. 56.*

Trusted Guide,  
You are my Mentor, my Inspiration,  
my Home of good choices and decisions.  
You help me to search with confidence  
as I find my way to inner peace.

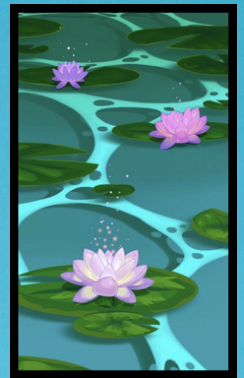
Please gather Your wisdom around me.  
Guide me carefully as I make choices  
about how to use my energy positively.  
Place Your discerning touch on my mind  
so that I will think clearly.  
Place Your loving fingers on my heart  
so I will be more fully attentive  
to what is really of value.

Teach me how to hear Your voice,  
to be aware of what is in my mind and heart,  
to attend to Your wisdom in those around me,  
to acknowledge my intuitions and ponder my dreams,  
to listen to the earth and all of life,  
for in each piece of my existence You are guiding me.



Guide of my life,  
thank you for all You have given to me.  
Reveal my spiritual path  
and direct me in the living of it.  
Lead me to inner peace and oneness with You.

## erusader art gallery



@assumptioncreatives

# Saints for FEBRUARY

February 2 - Presentation of the Lord

February 3 - St. Blaise & St. Ansgar

February 5 - St. Agatha

February 6 - St. Paul Miki and companions

February 7 - Our Lady's Saturday

February 8 - St. Jerome Emiliani & St. Josephine Bakhita

February 10 - St. Scholastica

February 11 - Our Lady of Lourdes

February 14 - St. Cyril & St. Methodius

February 17 - The Seven Holy Founders of the Servite Order

February 17 - Shrove Tuesday / Mardi Gras / Pancake Tuesday

February 18 - ASH WEDNESDAY

February 21 - St. Peter Damian

February 22 - 1<sup>ST</sup> SUNDAY OF LENT

February 22 - Chair of St. Peter

February 23 - St. Polycarp

February 27 - St. Gregory of Narek

...Pray for Us!