**Prayer for Compassion**

Merciful God,
Open my heart and mind to be fully present to those I interact with throughout the day.
Allow me to listen to others without passing judgement or haste to solve what I cannot change.
Give me patience and understanding and grant me grace in my shortcomings.
Be with me in times of fatigue and lift me up with the strength to carry out your compassionate love to all those I meet. Amen.

- By Ashley Henkes, Hall Director, Residence Life