## **APPLIED HEALTH SCIENCES**

# High school outreach



## **KINESIOLOGY LAB DAYS**

**WHAT:** High school students visit the kinesiology labs and participate in three hands-on workshops.

WHO: Grade 11 and 12 Biology and Introductory Kinesiology classes.

**DETAILS:**Information packages are mailed to schools in early September. Event runs from 10:00 a.m. to 2:30 p.m. on eight days in mid-December. \$15 per student.

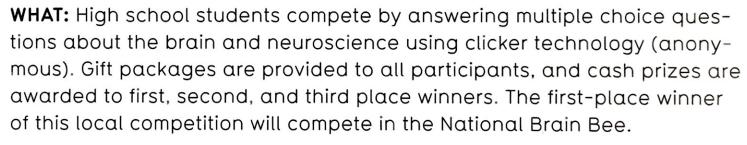
#### MORE INFORMATION

uwaterloo.ca/kinesiology/events/kinesiology-lab-days

#### **Cheryl Kieswetter**

ckieswetter@uwaterloo.ca

## **UNIVERSITY OF WATERLOO BRAIN BEE**



**WHO:** High school students from grades 9 to 12 in Waterloo Region with an interest in the brain and neuroscience.

**DETAILS:** Information packages are mailed to local schools in early January. Event runs from 10 a.m. to 2 p.m. on a Saturday in early April. Free.

#### MORE INFORMATION

uwaterloo.ca/kinesiology/events/university-waterloo-brain-bee

#### Robyn Ibey

brainbee@uwaterloo.ca





## **ANATOMY WORKSHOP**

WHAT: High school classes participate in an anatomy workshop.

**WHO:** Grade 11 and 12 classes in Introductory Kinesiology, Biology, and Health and Wellness Specialist High Skills Major.

**DETAILS:** Workshops are available from September to June. Students rotate through six stations representing many of the body systems. They will watch demonstrations provided by a volunteer undergraduate student and be encouraged to interact with the specimens. Visiting students are provided with a lab coat and nitrile gloves. Contact Tamara for price information.

#### MORE INFORMATION

Tamara Maciel

tamara.maciel@uwaterloo.ca



## HI5 HEALTH INFORMATICS CHALLENGE

**WHAT:** A freestyle competition where students use information technology to develop creative solutions to tackle current health issues.

**WHO:** High school students in grades 11 and 12.

**DETAILS:** Contest details, including the theme and available prizes, are available in late fall. Submission deadline (typically the end of May) and instructions will also be posted online.

#### MORE INFORMATION

uwaterloo.ca/public-health/hi5

hi5.challenge@uwaterloo.ca



## **SPORT MANAGEMENT CASE COMPETITION**

**WHAT:** Students work in small groups to apply the principles of marketing and leadership to real-life issues faced by a sport organization.

**WHO:** High school students in grades 11 and 12 who are interested in sports, business, and sport management.

**DETAILS:** The competition will be held one day during the winter (January – April) 2020 term. Contact Professor Ryan Snelgrove for more information.

#### MORE INFORMATION

Ryan Snelgrove

ryan.snelgrove@uwaterloo.ca

