



## Catholic Education Week 2023: We Are Many, We Are One #CEW2023

**“We, who are many, are one body in Christ, and individually we are members, one of another.” (Romans 12:5)**

	Monday May 1, 2023	Tuesday May 2, 2023	Wednesday May 3, 2023	Thursday May 4, 2023	Friday May 5, 2023
<b>Daily Theme</b>	<i>When we see</i>	<i>When we listen</i>	<i>When we reflect</i>	<i>When we learn</i>	<i>When we act</i>
<b>Daily Prayer/Reflection</b>	<p>“Grateful eyes look at each thing as if they had never seen it before and caress it as if they would never see it again.” Br. David Steindl-Rast</p>	<p>“You must understand this, my beloved: let everyone be quick to listen, slow to speak, slow to anger.” James 1:19</p>	<p>“God know us from within ourselves, not as objects, not as strangers, not as intimates, but as our own selves.” – Thomas Merton</p>	<p>“I alone cannot change the world, but I can cast a stone across the waters to create many ripples” ~ Mother Teresa (St. Teresa of Calcutta)</p>	<p>“We cannot all do great things, but we can do small things with great love”. St. Mother Teresa of Calcutta</p>
<b>School Wide Catholic Education Week Activities</b>	<p>Daily prayer announcement and gratitude.</p> <p>Mental Health Announcement</p> <p>Graduation Retreat at Mount Mary w/Chaplain Dunn Students SEE, LISTEN, LEARN &amp; REFLECT their Catholic Educational Journey and how it will help them ACT in the post-secondary journey to come.</p>	<p>Daily prayer, announcement and gratitude.</p> <p>Mental Health Announcement</p> <p>Lunchtime LIVE Music Sing-a-long w/Chaplain Dunn as we LISTEN to hope inspired music in the spec</p>	<p>Daily prayer, announcement and gratitude</p> <p>Staff prayer service at 8 AM in the Chapel</p> <p>CEW Prayer Service in the Chapel w/Deacon Shaw &amp; Chaplain Dunn at 8:30</p> <p><a href="#">Province-wide mass with Archbishop of Toronto Francis Leo @ 1:30 PM</a></p> <p>Soar- Business Leadership Conference</p>	<p>Daily prayer, announcement and gratitude.</p> <p>Mental Health Announcement</p> <p><a href="#">Journey With Jesus Liturgy LIVE on NDTV @ 9:00 a.m. w/ Chaplain Dunn</a> Outdoor Reflection Stations @ ND all day all welcome!</p> <p>School Play, Little Women @ 7:00 PM</p>	<p>Daily prayer, announcement and gratitude.</p> <p>Mental Health Announcement</p> <p>National Day of Awareness for Murdered &amp; Missing Indigenous Women, Girls &amp; Two-Spirit People- Red Civvies Day - \$2</p> <p>School Play, Little Women @ 7:00 PM</p>

**Mental Health Week  
Activities**

Brain Break- during the lunch periods activities will be provided in the spectrum / outside the front doors (bubbles, skipping, hula hoops, sidewalk chalk, cards, etc.)

Anything but a Backpack Day- students bring school supplies to school in creative ways. Winners for each grade get a gift card

Anxiety Info Session- during the lunch periods in the lecture hall (pizza provided to those who attend)

Mental health tips included on Journey with Jesus

Walk to School Day- encourage students to walk or ride a bike instead of a drive to promote positive mental health and help the environment