NOTRE DAME CATHOLIC SECONDARY SCHOOL
HEALTH AND PHYSCIAL EDUCATION DEPARTMENT

UNIFORM

As a full uniform school, students are expected to be in full physical education uniform as well during HPE classes. All HPE students are expected to be in full HPE uniform by the end of the first week of each semester.

There are several uniform options and combinations that can be worn on a daily basis. Sizes range from small to XX-large. Students can try on items and exchange for a different size if necessary. Once worn for an HPE class, uniforms cannot be returned for hygienic reasons. The HPE uniform cannot be modified ie. sleeves removed, jogging pants cut to shorts, writing or drawing on the outside of clothing, etc. Uniforms that are ripped or torn cannot be worn in class. Students should have a pair of athletic shoes with non-marking soles as well as a separate pair of athletic socks for hygienic reasons. If outside shoes are worn inside, please ensure that they are cleaned before entering the gym or weight room.

School spirit wear, team wear or other ND branded items CANNOT be worn in HPE class. Students will either participate in their HPE uniform or their school uniform.

Any combination of top and bottom can be worn in HPE class ie. T-shirt and jogging pants, hoodie and shorts, t-shirt and shorts, etc.

- **Irish Athletics T-Shirt – unisex - $20**
- **Boys Irish Athletics Shorts – $30**
- **Girls Irish Athletics Shorts- $30**
- **Irish Athletics Track Pants – unisex- $45**
- **Irish Athletics Hoodie – unisex - $45**

INJURIES/ILLNESS

If students are injured, please send a note from home or a doctor alerting the teacher to the injury and the recovery period. If students are ill, still attending school but unable to participate in HPE class, please send a note from home or doctor.