

# Celebrating the Gift of Our Families

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At this time, the Halton Catholic District School Board would like to celebrate the gift of our families. If this event has taught us anything, it is how interconnected we are and dependant on one another. Our faith tradition is of great inspiration and offers us an opportunity to put things into perspective. Let us not lose sight of what is most important during this challenging time.

*For just as the body is one and has many members,  
and all the members of the body, though many,  
are one body, so it is with Christ.*

1 Cor 12.12

We aim to support our students and families to stay safe, be healthy and care for one another. Learning is a natural, organic experience that happens daily. Parents and families are encouraged to enjoy the time spent, creating moments and memories that will last a lifetime most especially during this difficult situation.

Here are ways to integrate faith into your daily routine and continue through the season of Lent and into the joy of Easter.

## Prayer

Start and end your days with prayer. It can be one of our many common prayers such as the Lord's Prayer, Hail Mary or Glory Be or you might ask one of your children to create a prayer for your family, community and the world. Here is website from the Irish Jesuits that offers a daily prayer. The prayer is available in a number of languages. <https://www.sacredspace.ie>

## Ritual

Please take a look at the Diocese of Hamilton website for information from His Excellency, Bishop Crosby. Rituals help us make sense of the world and are an important part of our Catholic faith. What types of rituals can you start in your home to support your family? If you don't already have a sacred space - create one. A candle, a cross, a bible, a white cloth with a purple ribbon will suffice. Add a small bowl for prayers or petitions. Use this space as a reminder of what is important to you and your family. Go out on a nature walk and collect something to remind you of the environment and beauty of nature. <https://hamiltondiocese.com/>

## Gratitude

What does it mean for your family to be in the season of Lent? How are you praying, fasting and almsgiving? There are many communities that require your assistance. What are some creative ways you can support them?

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Routines are important! A routine brings comfort and consistency to a child's life. Knowing what to expect can reduce a child's stress and anxiety. Please find below a variety of optional activities that you could incorporate into your daily routine at home. And please remember, try to enjoy the time together, create moments and memories that will last a lifetime most especially during this difficult situation.

## RELIGIOUS EDUCATION RESOURCES

- [Busted Halo](#)
- [petersboat.net](#)
- [Loyola Press Bringing Good News of Jesus to Catholic Teens](#)

## GENERAL RESOURCES

- [HCDSB Library Services](#)
- [Ontario.ca – Learn at Home](#)

### Free Resources available through Pearson

- [Grade 9](#)
- [Grade 10](#)
- [Grade 11](#)
- [Grade 12](#)
- [French Resources Grades 1-12](#)

### Free Resources from Nelson

- [MyNelson](#)

Instructions: Open myNelson in a new window and enter the following credentials to login and access resources:

**Username:** on912 **Password:** NelsonON123

- [TED-Ed](#)
- [Create a Daily Schedule](#)
- [Tips for Success for Students and Families](#)

## MATH RESOURCES GRADES 9-12

- [The Centre for Education in Mathematics and Computing](#)
- [PrepAnywhere](#) Video solutions for every question in your textbook and the videos are FREE for Grade 9 to 11
- [Ontario Association for Mathematics Education \(OAME\)](#) – Grade-specific math resources
- [Estimation 180](#) – Number Sense problem solving challenges
- [Which One Doesn't Belong?](#) A collection of images where students are asked to reason through which image does not belong
- [Would You Rather?](#) A collection of images that presents students with two possibilities to choose from and to reason through their answer
- [Money and Youth](#) An online tool that consists of 14 modules that students can download.

## ENGLISH/LITERACY RESOURCES GRADES 9-12

- [Canada Reads 2020 via Curio](#)
- [Scholastic Canadian Digital Resources](#)
- [Scholastic Learn at Home 6-9](#) (US Content)
- [What's Going on in this Picture?](#) Intriguing Times images stripped of their captions – and an invitation to students to discuss them live
- [What Image Could This Story Tell?](#) Accessible, image-driven prompts that invite a variety of kinds of writing
- [Newsela](#) News articles at a variety of reading levels
- [National Film Board of Canada](#)
- [TVO in the Classroom](#)