

The school councils of St. Francis Xavier, Bishop Reding and St. Kateri Tekakwitha presents a virtual seminar...



# THRIVE

This seminar targets one of the greatest challenges facing the lives of families today. **How do we raise our kids in these challenging times To Have Real, Impactful, Value-based Existences (THRIVE)**. Parents will learn tips to help transition their children from elementary to secondary as well as post-secondary school, encourage decision-making, and embody compassionate messages that struggle now will serve their future.

**When:** March 9<sup>th</sup>, 2022

**Time:** at 7 – 8:30pm

**Where:** Virtually [ZOOM MEETING LINK \[CLICK HERE\]](#) **PASSCODE: 983831**

## Guest Speaker

**Meg Popovic, PhD**

**Fmr Director of Athlete Wellbeing and Performance for the Toronto Maple Leafs, Professional Speaker, Wife and Mother of two children, Penelope and Max.**

