



# Gr 8 Parent Information Night

St. Francis Xavier Catholic Secondary School

November 2025

# Agenda

1. Prayer and Honouring the Land and Territory – Ms. Michelle Finn
2. Principal's Welcome – Mr. Adriano Perusin
3. Student Services – Ms. Michelle Power
4. Special Education – Ms. Laura Daly
5. Student Voice – Sumayya Khan
6. High-Performance Sports Program – Mr. Lee Cond

# Prayer

Loving God,

We ask you to bless this new beginning.

Though much is changing, we know your love for us will never change.

Please remind us of your presence in the kindness, patience and guidance others extend to us in this new place.

Help us to be the best version of ourselves, so that we may flourish here—academically, mentally, physically and spiritually. Let Christ's light shine for others, so that they may know your goodness.

Anoint this threshold with your peace. We place our hands in yours, God. Together, let's begin.

We ask all this through Jesus, our friend and our Lord.

Amen.

# Honouring the Land and Territory

Halton, as we know it today, is rich in the history and modern traditions of many First Nations and the Métis. From the lands of the Anishinabe to the Attawandaron, the Haudenosaunee, and the Métis, these lands surrounding the Great Lakes are steeped in Indigenous history.

As we gather today on these treaty lands, our Catholic Social Teaching call us in Solidarity with Indigenous brothers and sisters to honour and respect the four directions, lands, waters, plants, animals, and ancestors that walked before us. All these wonderful elements of creation exist, gifted to us by our Creator God. We acknowledge and thank the Mississauga's of Credit First Nation for being stewards of this traditional territory.





# Principal's Welcome

Mr. Adriano Perusin



# Important Dates For Grade 8s Attending a Catholic Elementary School

<b>Event</b>	<b>Date</b>
Grade 8 Visit to St. FX <ul style="list-style-type: none"><li>• Students will visit the school</li></ul>	November 5, 2025
Grade 8 Parent Information Night	November 6, 2025
Course selection – Access to myBlueprint <ul style="list-style-type: none"><li>• myBlueprint will be open for courses selections</li><li>• Parents must approve selections</li></ul>	Mid-November to early December 2025
Final Changes to Selections <ul style="list-style-type: none"><li>• Final day to make changes for course selections for 2025 – 2026 school year.</li></ul>	Spring 2026
Timetables available to students at grade 9 orientation	End of August 2026

## 26-27 Registration Dates

- For students *not* attending Halton Catholic Elementary Schools:
  - Must register online through the HCDSB web site. Registration is now open.
  - Once Part 1 of your registration is complete, the St. FX Guidance Secretary will email part 2 of your registration. Once Part 2 of registration is complete, your child's courses will be added to our system.

# High School Format

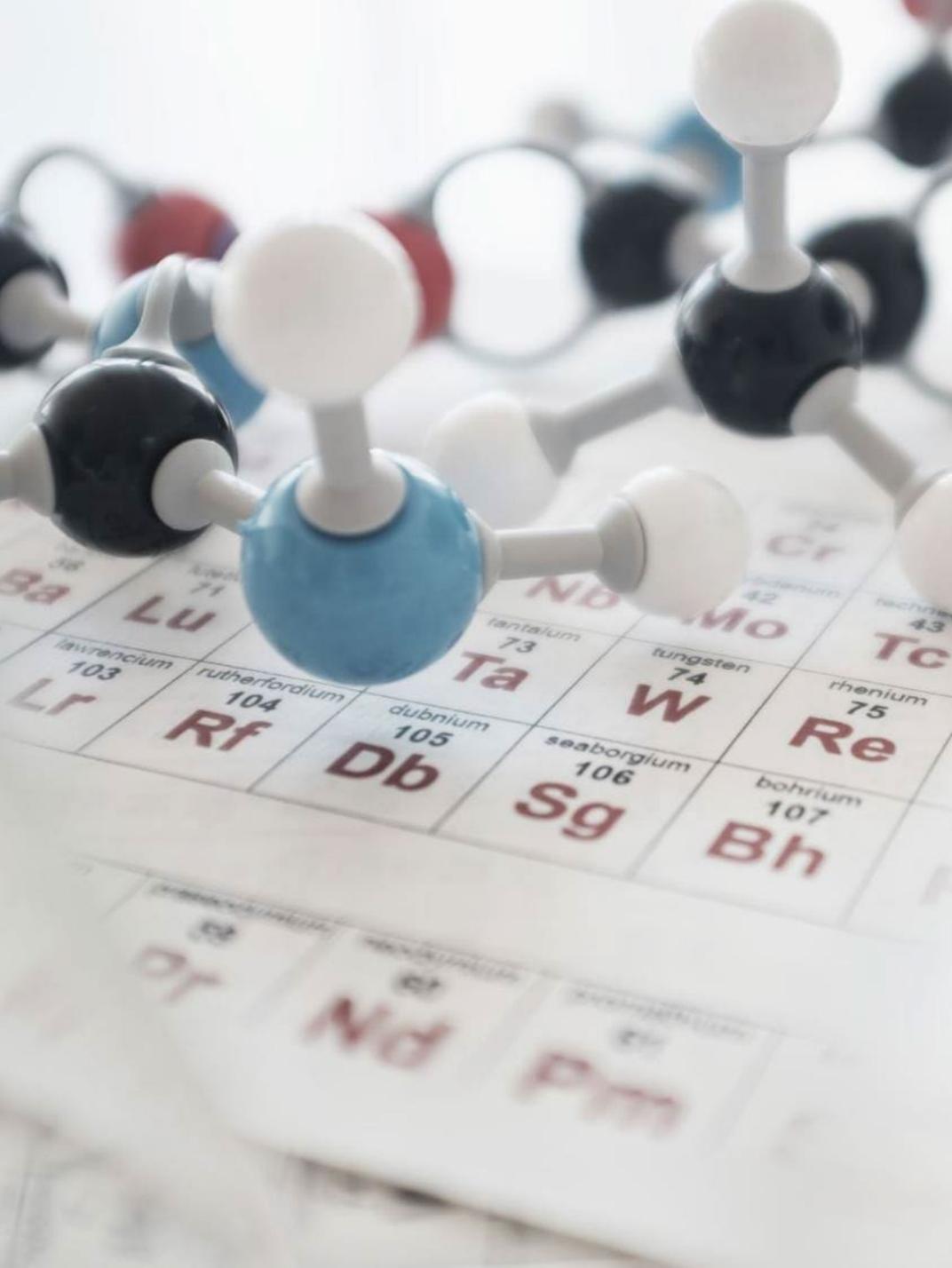
- 2 semesters
  - ✓ September to January
  - ✓ February to June
- 4 classes a day (75 minutes each)
- Exam/culminating activity at the end of each semester
- Lunch (40 minutes)
- 8:20 a.m. – 2:20 p.m.

# Secondary Diploma Requirements

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- 30 credits:
  - ✓ 17 compulsory courses
  - ✓ 13 elective courses
- 40 hours community involvement
- Grade 10 Ontario Secondary School Literacy Test and Financial Literacy Requirement
- 2 online learning classes or opt-out





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## Secondary Diploma Requirements

### Compulsory credits

- 4 credits in English
- 3 credits in mathematics
- 2 credits in science
- 1 credit in technological education (Grade 9 or 10)
- 1 credit in Canadian history
- 1 credit in Canadian geography
- 1 credit in the arts
- 1 credit in health and physical education
- 1 credit in French as a second language
- 0.5 credit in career studies
- 0.5 credit in civics and citizenship
- 1 credit from the STEM-related course group

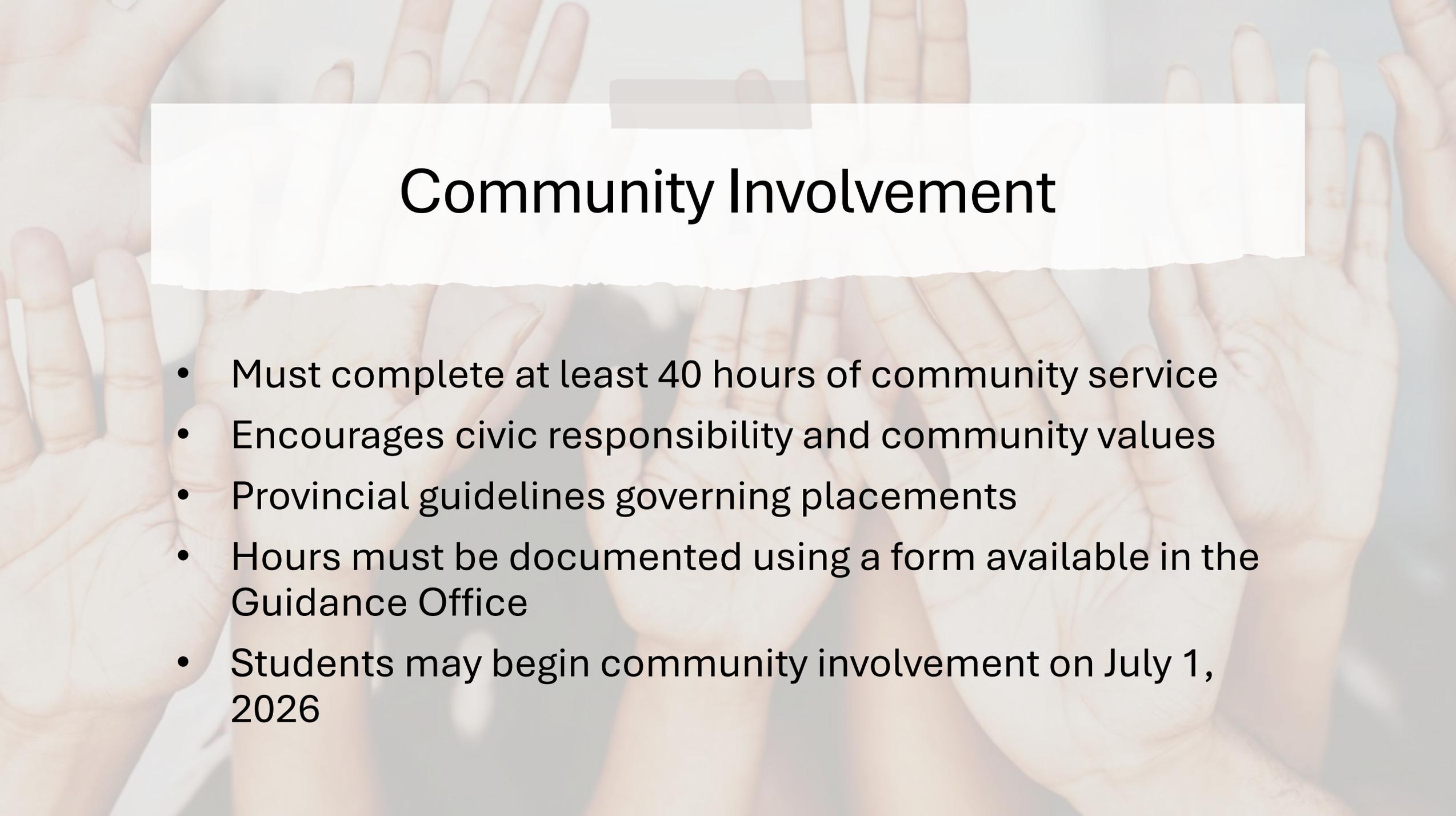
### STEM-related course group

Of the 17 compulsory credits, you must complete 1 from the following group:

- business studies
- computer studies
- cooperative education
- mathematics (in addition to the 3 compulsory credits required)
- science (in addition to the 2 compulsory credits required)
- technological education (in addition to the 1 compulsory credit required)

# Ontario Secondary School Literacy Test (OSSLT)

- Written in Grade 10
- Based on expectations up to and including Grade 9
- If a student is unable to meet standards in first attempt, they will:
  - take the test again in Grade 11
  - may be directed to complete the Ontario Literacy Course in Grade 12 (OLC401)



# Community Involvement

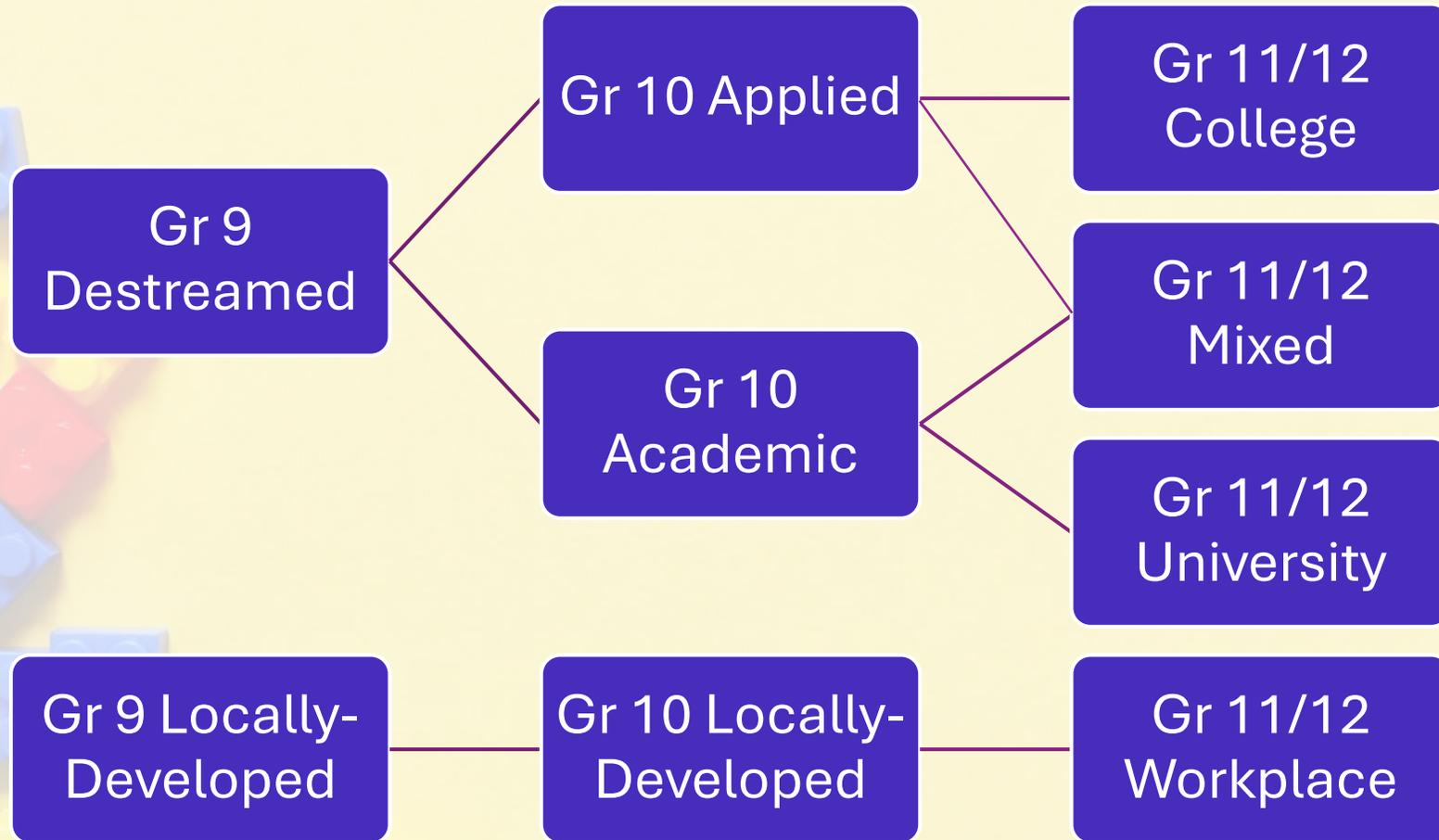
- Must complete at least 40 hours of community service
- Encourages civic responsibility and community values
- Provincial guidelines governing placements
- Hours must be documented using a form available in the Guidance Office
- Students may begin community involvement on July 1, 2026

# Catholic Graduate Expectations

- A Discerning Believer
- An Effective Communicator
- A Reflective, Creative, and Holistic Thinker
- A Self-Directed, Responsible, Lifelong Learner
- A Collaborative Contributor
- A Caring Family Member
- A Responsible Citizen



# Course Types



# Pathway planning

- Gr 9 destreamed courses equip all students with the knowledge, skills, and work ethic to be successful in academic or applied courses in Grade 10.
- Parents/guardians and students are encouraged to explore all post-secondary education pathways - apprenticeship, college, and university - starting in elementary school and in each year of secondary school.
- myBlueprint, [skilledtradesontario.ca](http://skilledtradesontario.ca), [ontariocolleges.ca](http://ontariocolleges.ca), [ouinfo.ca](http://ouinfo.ca) are all great sources of information.
- The sites above are excellent for reverse planning research that can be recorded on the high school planner in myBlueprint.
- Students will be supported in their pathway planning during secondary school by guidance counsellors, teachers, and other caring adults

# Grade 9 Compulsory Courses

All grade 9 students will take the following courses:

- |                |        |
|----------------|--------|
| 1. Religion    | HRE1O1 |
| 2. Mathematics | MTH1W1 |
| 3. Science     | SNC1W1 |
| 4. English     | ENG1W1 |
| 5. Geography   | CGC1W1 |
| 6. French      | FSF1D1 |

\*Students working on modified curriculum may choose locally-developed compulsory courses in consultation with their SERT.

# Grade 9 Elective Courses

**All grade 9 students will select two elective courses from the following:**

Health and Physical Education	PPL10M/PPL10F
Dance	PAR101
Instrumental Music	AMU101/AMU102
Drama	ADA101
Visual Art	AVI101
Expressions of First Nations, Metis, and Inuit Cultures	NAC101
Building the Entrepreneurial Mindset	BEM101
Technology and the Skilled Trades	TAS101
General Learning Strategies	GLE101/GLS101

# Academic Planning

Course	Grade 9	Grade 10	Grade 11	Grade 12
1	Religion	Religion	Religion	Religion
2	English	English	English	English
3	Math	Math	Math	<i>elective</i>
4	Science	Science	<i>elective</i>	<i>elective</i>
5	Geography	History	<i>elective</i>	<i>elective</i>
6	French	Civics/Career Studies	<i>elective</i>	<i>elective</i>
7	<i>elective</i>	<i>elective</i>	<i>elective</i>	<i>elective or spare</i>
8	<i>elective</i>	<i>elective</i>	<i>elective</i>	<i>elective or spare</i>
<b>Year Total:</b>	8	8	8	6-8
<b>Grand Total:</b>	8	16	24	30-32



# Student Activity Fee

The Student Activity Fee for the 2026-2027 school year is \$65.00.

The Student Activity Fee is an annual fee that is used to offset costs for school initiatives, materials, and activities such as, but not limited to:

- Yearbook
- Athletics
- Guest Speakers
- Clubs and Activities
- Awards
- Charity
- Chaplaincy
- Student Council



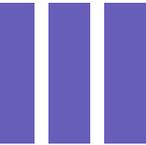
A hand is shown from the left, placing a white puzzle piece into a light blue background. The puzzle piece is being inserted into a larger blue puzzle piece that is already in place. The background is a solid light blue color.

# Wrap-Around Supports

- Teachers and support staff
- Administration
- Guidance Counsellors
- Child and Youth Counsellor
- Social Worker
- Chaplaincy Leader
- Multi-Language Learners support
- Graduation Coach for Black Students
- Special Education teachers
- Student Success teachers



# HCDSB Transition Guide



# Special Education Support

- Supporting students to building advocacy skills to access accommodations in their IEP
- Providing a quiet space in Resource for assessments
- Providing additional support in various subjects
- Providing access to technology (in Resource or to take to class)
- Working with teachers to implement accommodations
- Connecting them with community resources or outside professionals

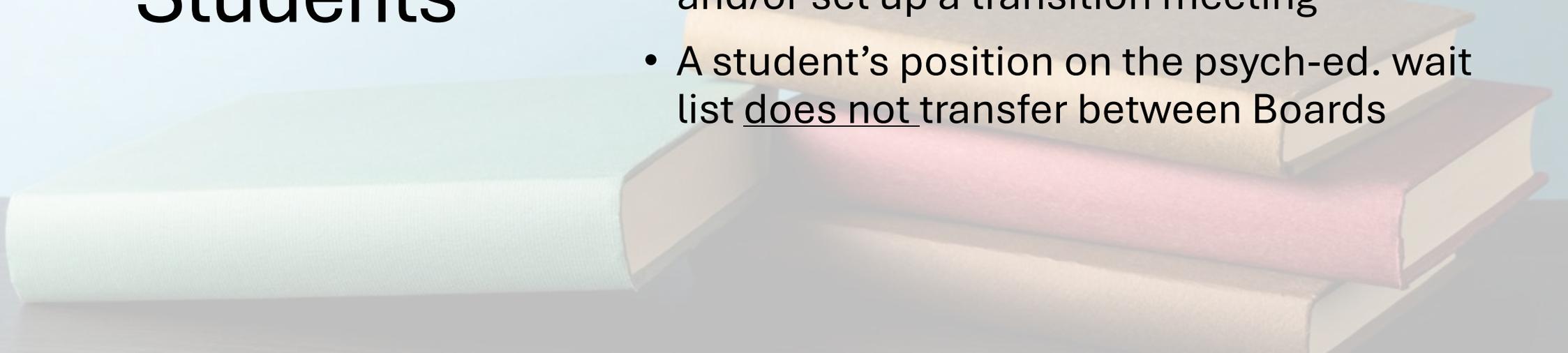


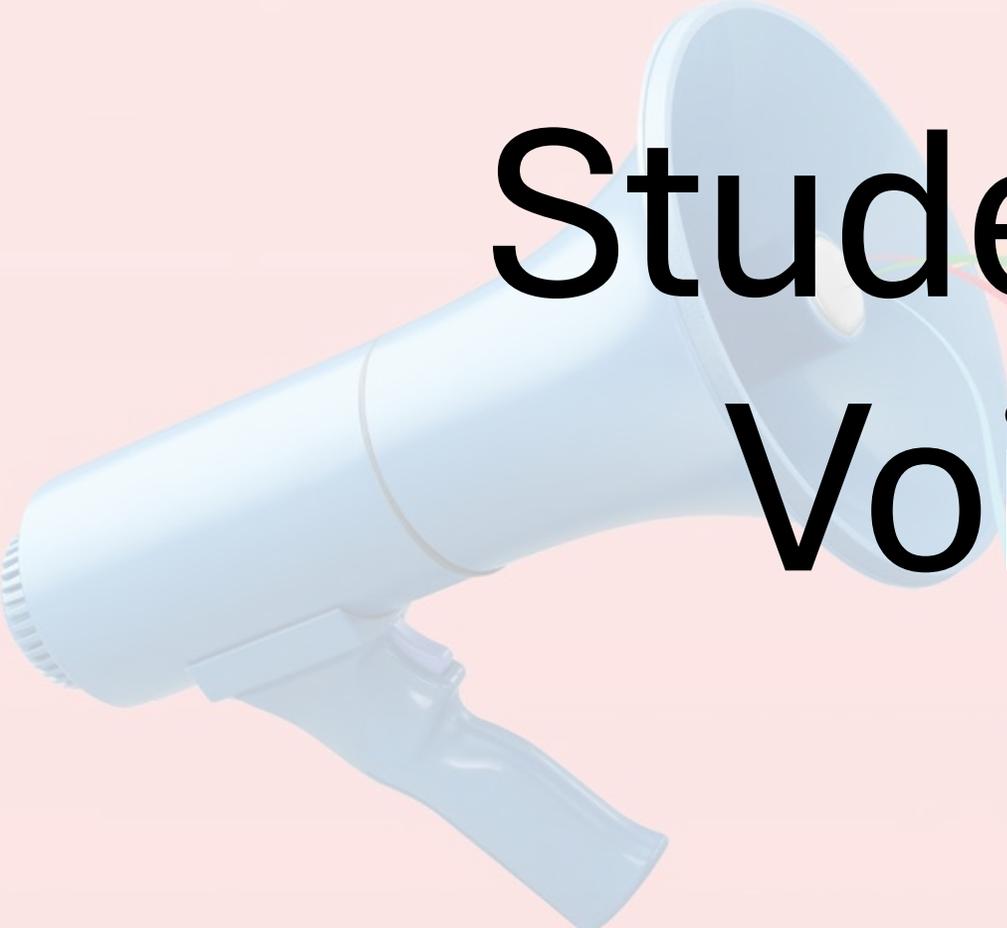
# HCDSB Elementary Students

- HCDSB students who have IEPs will have a transition meeting at their home school to discuss the transition and supports available
- Their IEPs will automatically transfer over from a HCDSB elementary school to an HCDSB high school
- We will have many consultation opportunities to review the IEP and update it as necessary to reflect current student needs

# Non- HCDSB Elementary Students

- When a student comes from outside of the HCDSB we need to review their documentation
- Parents should provide a copy of the current IEP and any supporting documentation
- With parent consent, we can also speak to the previous school to share information and/or set up a transition meeting
- A student's position on the psych-ed. wait list does not transfer between Boards





# Student Voice

Sumayya Khan





# STEAM PROGRAM PATHWAYS

The STEAM Program (*grades 9-12*) prepares our students for the future through dynamic and relevant learning experiences. The students of tomorrow need to imagine, design, and create solutions to real-world problems.

Imagine  
*(Cohort)*

GRADE 9

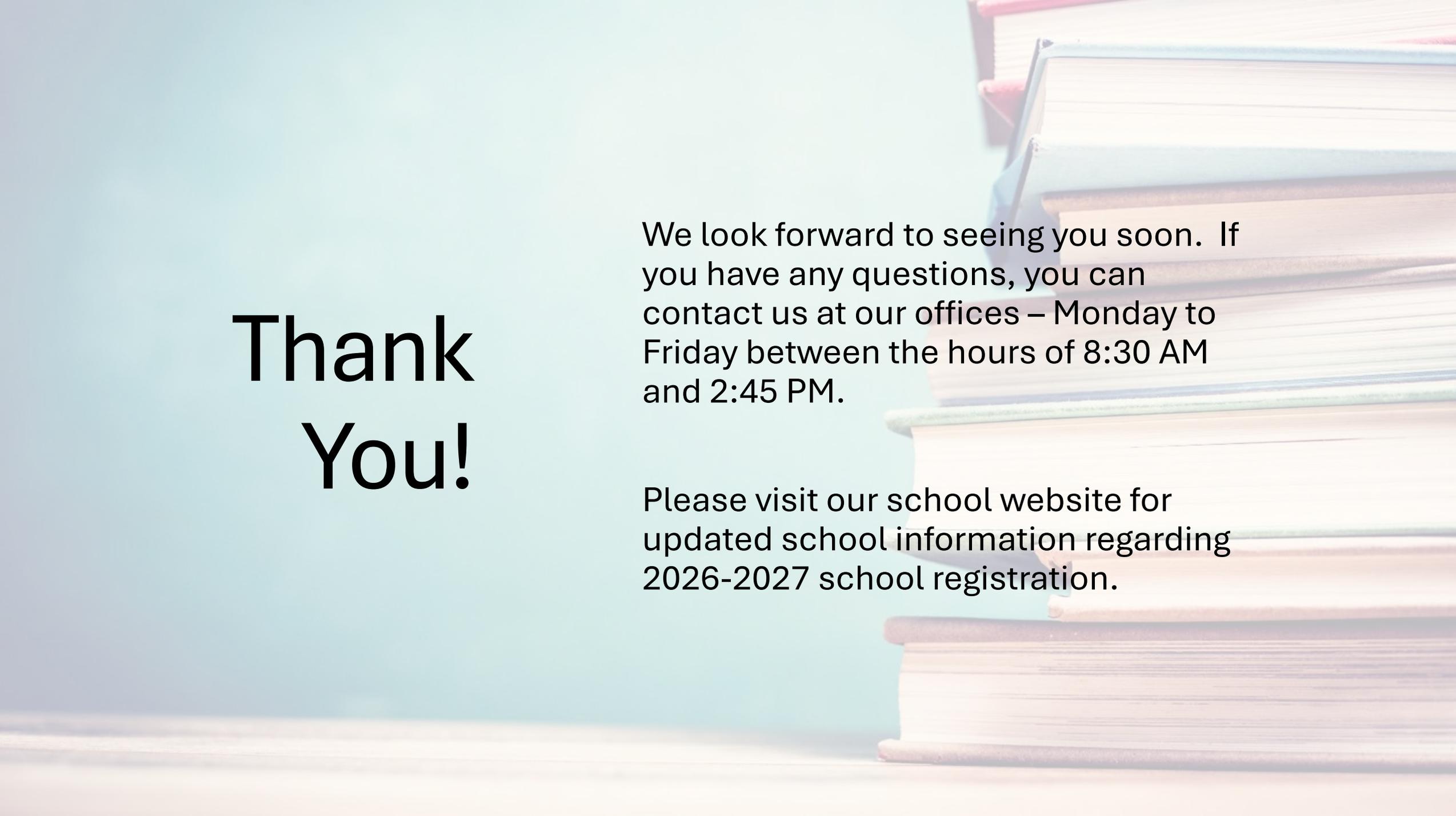


Connect...

With like-minded students.  
Your STEAM courses:

- Science
- Tech Design
- Geography
- Math

STEAM  
information night  
is Thursday,  
November 20  
at 6 PM

A stack of several books with various colored covers (red, blue, green, brown) is shown on the right side of the image. A blue pen is resting on top of the stack. The background is a soft, light blue gradient.

# Thank You!

We look forward to seeing you soon. If you have any questions, you can contact us at our offices – Monday to Friday between the hours of 8:30 AM and 2:45 PM.

Please visit our school website for updated school information regarding 2026-2027 school registration.

A large, stylized geometric logo in the background, consisting of a purple square with a gold border, divided into four triangles by a white 'X' shape. The logo is centered and serves as a backdrop for the text.

**ST FRANCIS XAVIER REGIONAL  
SPORTS PROGRAM**

# ST FX HIGH PERFORMANCE PROGRAM

## BENEFITS

Students will:

- participate in a specialized health and physical education program that challenges students to develop both academically and physically beyond regular programming through the entire school year;
- experience opportunities to improve overall health and sport specific physical fitness while developing strategies to live healthy active lifestyles;
- be provided additional opportunities to develop a better understanding of a variety of topics, including mental health and wellness, and social and emotional competencies.

# PROGRAM MISSION

## 1. Academic Development

- Strict focus on academic effort across all classes in the school
- Regular check-ins by team leads and guidance counselors

## 2. Character/Leadership Development

- Focus on developing whole student
- Positive contributors in the school community
- Access to leadership instruction and development throughout the school year

## 3. Athletic development

- Focus on developing the athlete across multiple disciplines
- Regular strength and conditioning training as part of program
- Sport specific instruction at regular intervals through the school year

# PROGRAM PILLARS

## 1. EFFORT

- Put forth your best effort in all you do

## 2. ACCOUNTABILITY

- Be accountable for your actions
- Punctuality, Prepared, In Class, Do Your Work

## 3. SERVICE

- Strive to help others always
- In program and in school community
- Bullying and any derogatory comments or actions will have zero tolerance

## 4. HUMILITY

- Be humble
- We all have much room to grow, be open to always listen and learn

# ST FX HIGH PERFORMANCE PATHWAYS

## PATHWAY A – Full-Time Attending Students

- 2 Physical Education credits in grades 9 and 10.
- Minimum of one Physical Education credit in grades 11 and 12.
- Students would be provided advanced instruction in multisport environments along with specific programming to develop physical fitness, athletic performance and a healthy lifestyle.
- Courses taken in grades 9 and 10 would prepare students to enrol in our Sports Specialist High Skills Major (SHSM) for grades 11 and 12.

# ST FX HIGH PERFORMANCE PATHWAYS

## PATHWAY A – Full-Time Attending Students Daily Timetable

- Students attend 1 physical education class each semester to earn 2 credits
- These classes would involve equal parts sports training and sport-specific fitness training.
- These course would only include students in the High-Performance Program
- Compulsory courses (Math, Science, English, Religion, Geography, French) would make up the other 6 credits

# SEMESTER SAMPLE TIMETABLE - GRADE 9

GRADE 9 - SEMESTER 1	
PERIOD 1	PHYSICAL EDUCATION
PERIOD 2	MATH
PERIOD 3	ENGLISH
PERIOD 4	RELIGION

GRADE 9 - SEMESTER 2	
PERIOD 1	PHYSICAL EDUCATION
PERIOD 2	FRENCH
PERIOD 3	SCIENCE
PERIOD 4	GEOGRAPHY

# SEMESTER SAMPLE TIMETABLE - GRADE 10

GRADE 9 - SEMESTER 1	
PERIOD 1	PHYSICAL EDUCATION
PERIOD 2	MATH
PERIOD 3	HISTORY
PERIOD 4	RELIGION

GRADE 9 - SEMESTER 2	
PERIOD 1	TECH/PHYSICAL EDUCATION
PERIOD 2	SCIENCE
PERIOD 3	ART
PERIOD 4	ENGLISH

IT IS RECOMENDED THAT STUDENTS TAKE CAREERS AND CIVICS IN SUMMER SCHOOL

# **SAMPLE PHYSICAL EDUCATION SCHEDULE**

## **WEEKLY SCHEDULE**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Phyzed in Gym</b>	<b>S &amp; C</b>	<b>Phyzed in Gym</b>	<b>S &amp; C</b>	<b>SPEED</b>

# ST FX HIGH PERFORMANCE PATHWAYS

## PATHWAY B - Provincial/Elite Level Athletes

- Students would have a modified timetable to allow for the training and competition demands for their respective sport.
- Students may attend a varied number of in-person classes along with e-learning and Prior Learning Assessment and Recognition (PLAR) opportunities allowing them to earn credits while training at a provincial level.

# Example SEMESTER TIMETABLE - GRADE 9

GRADE 9 - SEMESTER 1/2	
PERIOD 1	MATH, SCIENCE, ENGLISH, FRENCH
PERIOD 2	MATH, SCIENCE, FRENCH, OR ENGLISH
PERIOD 3	ONLINE CLASS
PERIOD 4	ONLINE CLASS

# PROGRAM APPLICATION PROCESS

## PHASE 1

- Prospective students must submit an application to the program.
- Application form will be posted November 19th. All applications must be submitted by 11:59 pm December 3rd.
- Application documents
  - ✓ Report cards from grade 7 and 8
  - ✓ Letter of recommendation from a coach.
  - ✓ List of sports played and at what level
- Applications will be reviewed by a committee of diverse stakeholders to ensure a fair, equitable, and barrier-free process for all students.

# PROGRAM APPLICATION PROCESS

## PHASE 2

- Students successful in Phase 1 will be invited to an in-person session in January
- During Phase 2 students will participate in a variety of athletic activities in order to determine the final list of candidates for the 2026/2027 school year
- Activities will include:
  - extensive dynamic warm up
  - fitness activities
  - game play

# PROGRAM FINANCIAL AND TRANSPORTATION REQUIREMENTS

- Successful applicants will pay a program fee (any fees will be for specific items/facilities/instruction students will use i.e. physical education uniform, ice rental, guest coaches, mental performance coaches, etc.)
- Transportation to and from school will be the responsibility of the students and is not provided by the school unless you live within the St. Francis Xavier catchment.

HP PROGRAM WEBPAGE



HP PROGRAM INTEREST FORM



ANY QUESTIONS CONTACT – [condg@hcdsb.org](mailto:condg@hcdsb.org)